

NORFOLK YFC & COUNTRYSIDERS 2021/2022



THE RALLY – YFC



GENERAL RULES

1. Please note entries will **only** be accepted on the competition entry form, and must be at the County Office by **first post on the set date**.
2. Clubs may enter the total number of entrants, please note that competitors over the age of 26 will not be able to compete at Eastern Area and National competitions and **that only one entry will count towards points**.
3. Provided a club has already submitted their current block entry, they may request Competitions & Training Committee (CAT) Chairman a late entry into competitions for that block. Acceptance of a late entry is at the discretion of the CAT Chairman and Vice-chairman and will not be permitted where this will detrimentally affect the running of the competition.
4. Change of entries will **NOT** be accepted later than 3 working days prior to a weekend competition, and 5 working days for a weekday/evening competition; changes made after this time, including on the day, will lead to disqualification and £40.00 fine will be invoiced to the club. **No show or Withdrawal from any competition also will result in 3 marks being deducted from the NFU Trophy score of the Club.**
5. All competition rules will be strictly enforced and if any Clubs are found to be in default after an event, their results will be discounted and any NFU Cup Points gained will be deducted. Clubs are asked to be particularly aware of the age qualifications for competitors in each individual competition. These are clearly laid down in each set of both County and National rules. **National rules and guidelines will be in place for all National competitions.**
6. COMPETITORS **MUST** BE REGISTERED MEMBERS. **Members must produce a membership card with a photo and signature at the competition. Failure to produce a membership card with a photograph will lead to DISQUALIFICATION.**
7. **Insurance.** The cover provided by the National YFC Insurance Scheme will apply to all Clubs and members participating in any of these competitions. Any queries regarding Insurance, contact the County Office in the first instance. Non-members competing where not agreed prior to the competition with the County Office will invalidate the competition's insurance for the entire day.
8. Selection of competitors for Eastern Area/National Competitions will be organised on competition days if possible.
9. If there are not enough entries received for any individual competition, the competition will not take place.
10. **A "SCRATCH TEAM" is permitted. The team cannot be placed but will gain 1 point for entering.**

COUNTRYSIDER	Member must be 10 – 16 as at 1st September 2021 Countrysiders cannot join until their 10th birthday
JUNIOR	Member must be 10 – 16 as at 1st September 2021
INTERMEDIATE	Member must be 17 – 21 as at 1st September 2021
SENIOR	Member must be 22 – 30 as at 1st September 2021

For further details of the rules please contact the CAT Chairman, and the County Office.

YOUNG FARMERS ENTRY FORM

DEADLINE: Friday 6th May 2022

Scan to enter online or visit <https://forms.office.com/r/paaWs8Vwec>



CLUB NAME _____

Class No	TICK TO ENTER	Class Name	Team of	Time
A	<input type="text"/>	Agricultural Class		
A01	<input type="text"/>	Tractor Driving - Male	1	10.00-12.00
A02	<input type="text"/>	Tractor Driving - Female	1	10.00-12.00
A03	<input type="text"/>	Brick Lifting	1	10.00-11.00
A04	<input type="text"/>	Girls Wheel Change	2	10.00-12.00
A05	<input type="text"/>	Bale Rolling	4	10.00-12.00
A06	<input type="text"/>	Cultivator Point Change	2	10.15-11.45
A07	<input type="text"/>	Blindfold Tool ID	1	10.30-11.30
A08	<input type="text"/>	Telehandler Challenge	1	10.30-12.00
A10	<input type="text"/>	Breed ID	2	10.30-11.30
A11	<input type="text"/>	Mechanical Fault Finding	2	11.00-12.00
A12	<input type="text"/>	Logo ID	1	11.00-12.00
A13	<input type="text"/>	Digger Challenge	1	10.00-12.00
D	<input type="text"/>	Done on the Day		
D101	<input type="text"/>	Electrical Challenge	1	10.00-11.00
D102	<input type="text"/>	First Aid Challenge	2	10.00-11.00
D103	<input type="text"/>	Trough & Water Tank Challenge	1	10.00-12.00
D104	<input type="text"/>	Floral Art-30 & Under	1	10.30-11.30
D105	<input type="text"/>	Floral Art -21 & Under	1	10.30-11.30
D106	<input type="text"/>	Norfolk Face Competition	1	10.30-11.30
D107	<input type="text"/>	Big Squeeze		11.15-12.00
D108	<input type="text"/>	Cookery	3	11.30-12.30
D109	<input type="text"/>	Upcycled Pallet	2	10.30-11.30
D110	<input type="text"/>	Roll a Ratchet Strap	1	10.15-11.15
D111	<input type="text"/>	Roll a Tape Measure	1	10.15-11.15
D112	<input type="text"/>	Dairy Stock Judging	1	10.00
E	<input type="text"/>	Exhibits		
E201	<input type="text"/>	YFC Scrapbook	1	10.00
E202	<input type="text"/>	Cariacature of County Chair	1	10.00
E203	<input type="text"/>	Oldest Club Item	1	10.00
E204	<input type="text"/>	Tear & Share Loaf	1	10.00
E205	<input type="text"/>	Past & Present Club Photo	1	10.00

Class No	TICK TO ENTER	Class Name	Team of	Time
E206	<input type="text"/>	Watercolour Painting	1	10.00
E207	<input type="text"/>	Jubilee Beacon		10.00
E208	<input type="text"/>	Model Farm in all Seasons	1	10.00
E209	<input type="text"/>	A Day in the Life of You	1	10.00
E210	<input type="text"/>	Royal Picnic in a Picnic Basket	1	10.00
E211	<input type="text"/>	Summer Cocktail / Punch	1	10.00
E212	<input type="text"/>	Label for Summer Cocktail / Punch	1	10.00
E213	<input type="text"/>	Rally Promotional Sign	1	10.00
E214	<input type="text"/>	Club Gavel	1	10.00
E215	<input type="text"/>	Homemade Fruit Jam	1	10.00
E216	<input type="text"/>	Club Promotional Video	1	10.00
E217	<input type="text"/>	Planter incorporating the YFC Logo	2	10.00
E218	<input type="text"/>	YFC Fundraising	1	10.00
E219	<input type="text"/>	Tierd Cake	1	10.00
O	<input type="text"/>	On Stage		
O301	<input type="text"/>	YFC's Got Talent		10.00
O302	<input type="text"/>	Dragons Den	1	10.30-11.00
O303	<input type="text"/>	Quickest Leg Wax	3	11.00-11.15
O304	<input type="text"/>	Charity Shop Norfolk Show Outfit	2	11.15-11.30
O305	<input type="text"/>	Mr Norfolk	1	12.30-12.45
O306	<input type="text"/>	Miss Norfolk	1	11.30-11.45
O307	<input type="text"/>	Cheerleading	10	12.45-1.15
S	<input type="text"/>	Sports		
S401	<input type="text"/>	Stretcher Race	5	1.45-2.00
S402	<input type="text"/>	Tractor Tyre Flip	1	2.00-2.15
S403	<input type="text"/>	Big Sack Race	4	2.15-2.30
S404	<input type="text"/>	Greasy Pole	1	2.30-3.00
S405	<input type="text"/>	Dressing Race	2	3.00-3.30
S406	<input type="text"/>	Fittest Farmer	1	2.30-3.00
S407	<input type="text"/>	Female Assault Course	1	3.45-4.15
S408	<input type="text"/>	Male Assault Course	1	3.45-4.15
S409	<input type="text"/>	Tug of War - Ladies	8	4.15
S410	<input type="text"/>	Tug of War - Mens	8	4.15
S411	<input type="text"/>	Tug of War - Mixed	8	4.15

YFC RALLY RULES

Saturday 28th May 2022

at: Park Farm, Shipdham, IP25 7NH

Entry: £4 per person or £12 per car

9.30am - 5.00pm

MEMBERSHIP CARDS MUST BE SHOWN ON THE DAY

Class Name	Class Rules	Time	Team Of	NOTES
A Agricultural Class				
A01 Tractor Driving - Male	Individual competitor to complete a course as directed by the judge. Competitors must be aged 16 years of age or over. Competitors must wear appropriate, sturdy footwear and will not be permitted to take part without. Novice drivers will not be accepted. Book in at 10.00	10.00-12.00	1	
A02 Tractor Driving - Female	Individual competitor to complete a course as directed by the judge. Competitors must be aged 16 years of age or over. Competitors must wear appropriate, sturdy footwear and will not be permitted to take part without. Novice drivers will not be accepted. Book in at 10.00	10.00-12.00	1	
A03 Brick Lifting	Individual competitor to lift as many bricks as possible under judge's instruction. All equipment provided. Steel toed boots must be worn. Book in at 10.00.	10.00-11.00	1	
A04 Girls Wheel Change	Team of 2 to change a wheel in the quickest time. All equipment provided. Book in at 10.00.	10.00-12.00	2	
A05 Bale Rolling	Team of 2 females and 2 males to roll a bale around a course. Penalties will be given for the bale rolling outside of the perimeter. Quickest time wins. Gloves to be provided by members and must be worn. Book in at 10.00	10.00-12.00	4	
A06 Cultivator Point Change	Team of 2 to change the wearing metal parts of the judges choice. Penalty points deducted for poor technique and/or unsafe procedure. The quickest and safest members will win. Members to provide own tools (hand tools only to be used - no power tools). 1 Male and 1 Female Member. Book in at 10.15.	10.15-11.45	2	
A07 Blindfold Tool ID	Blindfolded Identification of Tools by one competitor. Book in at 10.30.	10.30-11.30	1	
A08 Telehandler Challenge	Individual competitor to operate the telehandler as instructed by the judge on the day. Competitors must be aged 16 years or over and hold a valid Telehandler certificate which must be shown to the Judge. Book in at 10.30.	10.30-12.00	1	

Class Name	Class Rules	Time	Team Of	NOTES
A10 Breed ID	Team of 2 to identify 10 different breeds of Farm animals, 5 minutes allowed. Book in at 10.30.	10.30-11.30	2	
A11 Mechanical Fault Finding	Team of 2 competitors (Male and Female) to find faults on the machinery provided. Book your time slot at 11.00.	11.00-12.00	2	
A12 Logo ID	Individual competitor to correctly identify the Brands from the Logos provided. Book in at 11.00.	11.00-12.00	1	
A13 Digger Challenge	Individual competitor to operate the machinery as instructed by the judge on the day. Competitors must be aged 16 years or over. Book in at 10.30.	10.00-12.00	1	
D Done on the Day				
D101 Electrical Challenge	Individual to wire a 3 pin plug. You will be judged on speed and accuracy. Equipment provided. Book in at 10.00	10.00-11.00	1	
D102 First Aid Challenge	Team of 2 to complete first aid tasks and answer a questionnaire. Book in at 10.00.	10.00-11.00	2	
D103 Trough & Water Tank Challenge	Individual competitor to plumb a water tank and trough with the parts provided in the quickest time. You will be judged on speed and accuracy. Water is to be run through the completed system from tank to trough, points will be deducted for leaks. Equipment provided. Book in at 10.00	10.00-12.00	1	
D104 Floral Art-30 & Under	<p>Individual competitor will have 1 hour to individually create a floral piece as described. Exhibit Title: "Queens Platinum Jubilee". An exhibit to depict an invention that changed the world.</p> <p>4.4.2. The maximum display area for each competitor MUST NOT exceed 60cm wide x 60cm deep x optional height (i.e. no limitations to height). Exhibits to be composed of natural plant material, with or without accessories.</p> <p>4.4.3. Exhibit is to be viewed from the front. Competitors own backboard and base boards are allowed and must be provided by the competitor if required and must adhere to the size limitations. The reverse of these backboards MUST compliment the theme and be neat and tidy.</p> <p>4.4.4. At the national finals the exhibit will be displayed on a table with a white table covering. National rules apply. National Finals 25 September 2022 at Malvern Show.</p>	10.30-11.30	1	

Class Name	Class Rules	Time	Team Of	NOTES
D105 Floral Art -21 & Under	<p>Individual competitor will have 1 hour to individually create a floral piece as described. Exhibit Title – “My Favourite Musical”. An exhibit to depict a particular craft.</p> <p>4.3.2. The maximum display area for each competitor MUST NOT exceed 60cm wide x 60cm deep x optional height (i.e. no limitations to height). Exhibits to be composed of natural plant material, with or without accessories.</p> <p>4.3.3. Exhibit is to be viewed from the front. Competitors own backboard and base boards are allowed, and must be provided by the competitor if required and must adhere to the size limitations. The reverse of these backboards MUST compliment the theme and be neat and tidy.</p> <p>4.3.4. At the national finals the exhibit will be displayed on a table with a white table covering. National rules apply. National Finals 25 September 2022 at Malvern Show.</p>	10.30-11.30	1	
D106 Norfolk Face Competition	Identify 10 famous Norfolk faces. Book in at 10.30	10.30-11.30	1	
D107 Big Squeeze	Team to fit as many members into a mystery object as possible within 1 minute. All doors must be able to be closed. Shoes to be removed. Book in at 11.15.	11.15-12.00		
D108 Cookery	<p>Team will be required to prepare and display a 3 course for a dinner celebrating the Platinum Jubilee in 1 hour.</p> <p>The menu must include at least one sweet course and one savoury course. Each Course will be required to serve two people. A drink does not count as a course and will not be scored.</p> <p>Teams must ensure each course involves a cooked element, prepared from raw ingredients, demonstrating cookery skills. (It is advised that the combination of smoked salmon and cream cheese is not included). National rules apply. National Finals 24 September 2022 at Malvern Show</p>	11.30-12.30	3	
D109 Upcycled Pallet	Team of 2 to build an item out of a pallet in 1 hour. Competitors to provide pallet and tools and remove all materials at end of day. Book in at 10.15	10.30-11.30	2	
D110 Roll a Ratchet Strap	Individual competitor to roll a ratchet strap up in the quickest time. You will be judged on speed and neatness. Book a slot at 10.15	10.15-11.15	1	
D111 Roll a Tape Measure	Individual competitor to extend a tape measure as far as possible without it falling over. Tape measure will be provided. Book a slot at 10.15	10.15-11.15	1	

Class Name	Class Rules	Time	Team Of	NOTES
D112 Dairy Stock Judging	Demo by the judge from 10.00. Competitors will be allowed 15 minutes to judge a ring of 4 animals, 2 minutes will be allowed for giving reasons to the judge. White coats must be worn. Suitable footwear to be worn.	10.00	1	
E Exhibits				
E201 YFC Scrapbook	Club Scrapbook – this will be judged only from 1st September 2021 – to date. This must include a minimum of six months.	10.00	1	
E202 Caricature of County Chair	Draw a caricature of Frances Roberson from the picture to be supplied by email	10.00	1	
E203 Oldest Club Item	Bring the oldest club item that your club has. Evidence of age required.	10.00	1	
E204 Tear & Share Loaf	Bake a loaf of bread suitable for sharing. Photos of process with recipe to be displayed (printed). You will be judged on taste and appearance.	10.00	1	
E205 Past & Present Club Photo	Two photographs of your club from the past and present day. 2 photographs in total. Name of photographer, date and location of photograph to be included on the back.	10.00	1	
E206 Watercolour Painting	A watercolour painting of a farming landscape.	10.00	1	
E207 Jubilee Beacon	Clubs to make a beacon out of scrap metal, example of beacon can be seen at https://www.queensjubileebeacons.com/beacon-brazier . Photos of making process to be displayed (printed). Post not required. Beacon must not exceed 1.4 meters in width and 1.5 meters in height.	10.00		
E208 Model Farm in all Seasons	One member to make and display a model farm (1:32 scale) on a hard board depicting all four seasons. Max size 1 metre x 1 metre.	10.00	1	
E209 A Day in the Life of You	On an A3 hard board (card) members must illustrate a day in the life of themselves, photographs and text are accepted.	10.00	1	
E210 Royal Picnic in a Picnic Basket	Member to make a picnic suitable for a Royal in a basket. You will be judged on taste and presentation. Please display your recipe and method and photographs of competitor preparing entry.	10.00	1	
E211 Summer Cocktail / Punch	Member to provide a bottle (minimum 300ml) of homemade summer cocktail / punch in a clear bottle (plastic or glass). Photos of process with recipe to be displayed. You will be judged on taste and appearance.	10.00	1	
E212 Label for Summer Cocktail / Punch	Member to design a handmade label (not computer generated) for the Homemade Summer Cocktail / Punch in Class E211.	10.00	1	

Class Name	Class Rules	Time	Team Of	NOTES
E213 Rally Promotional Sign	Member to make an roadside sign to promote the rally in the future.	10.00	1	
E214 Club Gavel	Design and build a gavel for their club to be used in club meetings. Photos of the gavel being made to be displayed.	10.00	1	
E215 Homemade Fruit Jam	Member to provide a minimum of 200ml of homemade Fruit Jam in a jar, sealed with a lid. Photos of the process with recipe to be displayed. You will be judged on taste and appearance.	10.00	1	
E216 Club Promotional Video	Club video to be made promoting club to new members. No longer than 3 minutes. To be brought in on a memory stick on the day. Alternatively video can be sent via WeTransfer to office@norfolkyfc.co.uk by 23rd May 2022.	10.00	1	
E217 Planter incorporating the YFC Logo	Design and build a Planter incorporating the YFC Logo. Planter can be made from wood or metal. Photos of the planter being made to be displayed. Planter to be 1.5 Meters wide, 0.5 meters deep and 0.5 meters tall. Planters may be used on the YFC stand at the Royal Norfolk Show.	10.00	2	
E218 YFC Fundraising	Design a NEW item suitable for the YFC shop. Re-designs of current or past items will be allowed. Can be presented on paper or as a mock-up	10.00	1	
E219 Tiered Cake	Member to make and display a tiered cake with a minimum of 3 tiers. Base tier to be no wider than 30cm. You will be judged on taste, presentation & creativity. Photos of the process with recipe to be displayed.	10.00	1	
O On Stage				
O301 YFC's Got Talent	Member or Members to perform a talent (routine/song/music) on the stage.	10.00		
O302 Dragons Den	Individual member to present a sales pitch of the provided item on the day. Competitor to use their imagination. Presentation to be two minutes long. Book in at 10.30.	10.30-11.00	1	
O303 Quickest Leg Wax	Male member to have legs waxed in the quickest time by 2 other members. Members to provide their own wax strips.	11.00-11.15	3	
O304 Charity Shop Norfolk Show Outfit	Members to dress up in their smartest charity shop clothes which would be acceptable in the members tent. Receipts to be provided for judge.	11.15-11.30	2	
O305 Mr Norfolk	Member to strut their stuff on stage to see if they've got what it take to be Mr Norfolk.	12.30-12.45	1	
O306 Miss Norfolk	Member to strut their stuff on stage to see if they've got what it take to be Miss Norfolk.	11.30-11.45	1	
O307 Cheerleading	Team of 6 to 10 members to perform a cheerleading routine. Clubs to provide own music. Routine to last no longer than 3 minutes.	12.45-1.15	10	

Class Name	Class Rules	Time	Team Of	NOTES
S Sports	TO AVOID DELAY BETWEEN RACES, PLEASE BOOK IN FOR ALL SPORTS FROM 12:30-1:30. RACES WILL RUN IN ORDER.			
S401 Stretcher Race	Team of 5. 4 members to carry 1 member on a stretcher around the course. Team to provide own stretcher.	1.45-2.00	5	
S402 Tractor Tyre Flip	Competitors to flip tractor tyres in a race	2.00-2.15	1	
S403 Big Sack Race	Team of 4 to race in a large bag (eg Seed or Sand/gravel bag) on a course set by the judge. Please make sure you are wearing suitable footwear. Sack to be provided by Club.	2.15-2.30	4	
S404 Greasy Pole	One member to knock opposite competitor off greasy pole with pillows provided. Maximum of 2 minutes on the pole. Competitors to be prepared to get wet if they fall off!	2.30-3.00	1	
S405 Dressing Race	Team of 2, to stand 30m apart strip clothing to underwear, run to partners clothes and re-dress in partners clothes and run back to the other end	3.00-3.30	2	
S406 Fittest Farmer	Member to carry out a task as designated by the judge.	2.30-3.00	1	
S407 Female Assault Course	Each competitor to complete the course as specified by the judge.	3.45-4.15	1	
S408 Male Assault Course	Each competitor to complete the course as specified by the judge.	3.45-4.15	1	
S409 Tug of War - Ladies	Teams from previous county competitions will compete for the title of 2022 champions. Weigh in will be at 1.30pm.	4.15	8	
S410 Tug of War - Mens	Teams from previous county competitions will compete for the title of 2022 champions. Weigh in will be at 1.30pm.	4.15	8	
S411 Tug of War - Mixed	Only teams who entered previous county competitions will compete. Suitable clothing should be worn – club shirts, shorts & approved footwear. Weigh in – from 1.30 pm, Weight – strictly under 600kgs, Following ASSOCIATION RULES in a round robin tournament or league dependent on entries.	4.15	8	



NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS

Competitions Programme 2021 - 2022

NFYFC Floral Art

16 & under, 21 & under, 28 & under



MALVERN
AUTUMN SHOW

RULES

Competition Aim

To provide an opportunity for members to demonstrate their acquired skills in creating a floral display depicting an agreed theme.

Learning outcomes

Principles of flower arranging including creativity and composition.

REMINDER: Please read these rules in conjunction with **NFYFC General Rules** and familiarise all competitors with the **Fine System in place for withdrawal from competitions**.

Further information can be found at <http://www.nfyfc.org.uk/competitionsresources>

1. DATE AND VENUE

- 1.1. The National Final will be held at the Malvern Autumn show on Sunday 25th September 2022 subject to confirmation from Three Counties Agricultural Society

2. REPRESENTATION

- 2.1. Counties may enter one competitor per 600 members or part thereof in each section.

3. ELIGIBILITY

- 3.1. Competitors to be:

- 3.1.1. **16 & under section:** 16 years of age or under on the 1 September 2021.
3.1.2. **21 & under section:** 21 years of age or under on the 1 September 2021.
3.1.3. **28 & under section:** 28 years of age or under on the 1 September 2021.

4. THEME/PROCEDURE

- 4.1. At the NFYFC final, the Competitor will have one (1) hour to individually create a piece as described in the following **Floral Art Schedules**:
- 4.2. **16 & Under**
- 4.2.1. **Exhibit Title: "British TV Programme"** An exhibit to depict a British TV Programme.
- 4.2.2. The maximum display area for each competitor **MUST NOT exceed 76cm wide x 60cm deep x optional height** (i.e. no limitations to height). Exhibits to be composed of natural plant material, with or without accessories.
- 4.2.3. Exhibit is to be viewed from the front. Competitors own backboard and base boards are allowed and must be provided by the competitor if required and must adhere to the size limitations. The reverse of these backboards **MUST** compliment the theme and be neat and tidy.

4.2.4. At the national finals, the exhibit will be displayed on a table with a white table covering.

4.3. **21 & Under**

4.3.1. **Exhibit Title: “My Favourite Musical”** An exhibit to depict your Favourite Musical.

4.3.2. The maximum display area for each competitor **MUST NOT exceed 76cm wide x 60cm deep x optional height** (i.e. no limitations to height). Exhibits to be composed of natural plant material, with or without accessories.

4.3.3. Exhibit is to be viewed from the front. Competitors own backboard and base boards are allowed and must be provided by the competitor if required and must adhere to the size limitations. The reverse of these backboards **MUST** compliment the theme and be neat and tidy.

4.3.4. At the national finals, the exhibit will be displayed on a table with a white table covering.

4.4. **28 & Under**

4.4.1. **Exhibit Title: “Chinese New Year”** An exhibit to depict Chinese New Year.

4.4.2. The maximum display area for each competitor **MUST NOT exceed 76cm wide x 60cm deep x optional height** (i.e. no limitations to height). Exhibits to be composed of natural plant material, with or without accessories.

4.4.3. Exhibit is to be viewed from the front. Competitors own backboard and base boards are allowed and must be provided by the competitor if required and must adhere to the size limitations. The reverse of these backboards **MUST** compliment the theme and be neat and tidy.

4.4.4. At the national finals, the exhibit will be displayed on a table with a white table covering.

5. **DISPLAY**

- 5.1. A worktable will be provided close to the display area – approximately half a trestle table to be allocated per competitor.
- 5.2. Each exhibit will be displayed to their best advantage with the space allocation.
- 5.3. All exhibits must be the unaided work of the competitors and must be assembled in the hall.
- 5.4. During the period of the competition, competitors must not communicate directly or indirectly with any person other than Judges or Stewards, under penalty of instant disqualification. No other person, other than the competitors, will be allowed in the competing area.
- 5.5. At the NFYFC final, the NFYFC will provide a County Name and Number label for each display and workspace.
- 5.6. Competitors may use a battery-operated glue gun or any other form of adhesive. There will no mains power supply available
- 5.7. Any exhibit exceeding the maximum measurements will be disqualified. The measurement will be from the outside edges of the back board or base board (i.e. the thickness of the backboard will be included in the size restrictions). Any accessories or drapes used on the outside of the back board or base board will be included in the overall measurement of the exhibit and should be within the size restrictions. The external side of the back board will be taken into account for the attractiveness of the exhibit marks and so should be covered to compliment the overall exhibit.
- 5.8. Exhibits must remain in position throughout the day of the competition. Any entry removed before the Presentation of Awards will be disqualified.
- 5.9. All exhibits and competitor’s property will be at the risk of the competitor and NFYFC cannot accept liability for any loss or damage sustained – therefore, competitors are advised to use items of little established value.

6. **TIMING**

- 6.0. Allowance of **one hour to include final checks and measurement of the exhibit**. Before leaving the competing area, competitors will be given a further 5 minutes to clear and tidy the work site.

- 6.1. Competitors may unpack their equipment and plant material/flowers onto the worktable before the one-hour practical session commences.
- 6.2. If floral foam is to be used, this may be pre-soaked prior to the competition. New pieces of floral foam **MUST** be used on the day of the competition.
- 6.3. Competitors are able to construct and tape their foam (oasis) in position on a board/container/exhibit prior to the one-hour practical session if required.
- 6.4. Competitors are able to set up their display bay before the one-hour practical session commences

7. MARKS

If a very high number of entries are received, on the day of the NFYFC final, the NFYFC reserves the right to use the NFYFC 'Standards Judging' system. i.e. exhibits will be in the Excellent, Proficient or Competent categories.

Idea	20
Colour	20
Composition	30
Technical	30
TOTAL MARKS	100

8. AWARDS

- 8.0. **16 & under - Lady Northcliffe Cup** and Prize Card will be awarded to competitors placed 1st
- 8.1. **21 & under - Millers' Mutual Cup** and Prize Card will be awarded to competitors placed 1st
- 8.2. **28 & under - London Flowers Perpetual Challenge Trophy** and Prize Card will be awarded to competitors placed 1st
- 8.3. NFYFC Prize Cards will be awarded to competitors placed 2nd and 3rd in each section.
- 8.4. NFYFC Certificate of Achievement will be awarded to competitors placed 1st – 10th in each section.

9. NOTES:

- 9.0. **Competitors to note that all buckets will be checked by Stewards on arrival for pre-arranged foliage.**
- 9.1. **Competitors must not bring photographs/diagrams of previously arranged Floral Exhibits into the competing arena. Any competitor found doing so may be disqualified. Mobile phones must not be used whilst competing.**
- 9.2. **Competitors must wear white coats during the period of the competition. Club, County and Sponsor logos are permitted on either the front or the back of the coats.**
- 9.3. Competitors may use 'Agra Wool' in place of Floral Foam in their exhibits. Link to Agra Wool: <https://agra-wool.nl/natural-floral-foam/>
- 9.4. A "Competitions Manual" is available from NAFAS Enterprises Ltd. www.nafas.org.uk
- 9.5. ALL EXHIBITS WILL BE JUDGED STRICTLY IN ACCORDANCE WITH THE NAFAS COMPETITIONS MANUAL 2015. A "Competitions Manual" is available from www.nafas.org.uk to visit the NAFAS on-line shop.

10. NAFAS Definitions (The National Association of Flower Arranging Societies of Great Britain) From the NAFAS Competitions Manual (Third Edition 2015).

10.0. An EXHIBIT:

- 10.0.1. *Is composed of natural plant material, with or without accessories, contained within a space as specified in a show schedule.*

10.0.2. *Backgrounds, bases, containers, drapes, exhibit titles and mechanics may always be included in an exhibit, unless otherwise stated.*

10.0.3. *More than one placement may always be included, unless otherwise stated.*

10.0.4. *Plant Material must predominate in all Still Life exhibits*

10.1. **NATURAL PLANT MATERIAL**

10.1.1. *Natural plant material is any vegetable matter.*

10.1.2. *It includes fresh, dried, garden, wild, or made-up plant material.*

10.1.3. *It is acceptable to enhance plant material by the application of oil, milk, wax or other similar products.*

10.2. **ARTIFICIAL PLANT MATERIAL**

10.2.1. *Artificial plant material is realistic or fantasy plant-forms, made wholly or partly from non-plant material. This includes, clay, fabric, glass, metal, paper, plastic, plaster, polyester, ribbon, shells, silk, sugar, wax, etc. Which is used as a substitute for natural plant material in an exhibit.*

10.2.2. *Artificial plant material is **not allowed** unless specifically included in a show schedule (see reasons for disqualification).*

10.2.3. *Artificial plant material or artificial plant forms that are an integral part of a container, base, background or accessory are permitted.*

10.2.4. **Artificial grass turf must not be used for any purpose including bases**

10.3. **An ACCESSORY**

10.3.1. *Anything other than natural plant material in an exhibit, such as, feathers, shapes (spheres, cones), shells, stones, wax candles*

10.3.2. *Natural plant material which has been tooled or crafted to resemble non-plant forms, e.g. birds nest, corn dolly, wooden figurine.*

10.3.3. *Accessories may be decorated in any way, but greater credit should be given for the use of natural plant material where appropriate.*

10.3.4. *The following are not accessories and may also be used unless prohibited by the show schedule: backgrounds, bases, containers holding plant material, drapes, exhibit titles and mechanics. These may be decorated in any way, but greater credit should be given for use of natural plant material where appropriate.*

10.4. **REASONS FOR DISQUALIFICATION**

10.4.1. *Failure to comply with any specific requirements of a class as stated in a show schedule, i.e. the measurements or the components. (Just remember – it is better to aim to be 1xm or 1 inch smaller than the size allowed as the size stated is the MAXIMUM size).*

10.4.2. *Inclusion of artificial plant material (unless specifically allowed by a show schedule)*

10.4.3. *Inclusion of fresh plant material that does not have roots or the cut ends of stems in water or water-retaining material. Exceptions: Air Plants, Cacti, Fruits, Grass Turf, Lichen, Moss, Succulents, Vegetables and long-lasting plant material which will remain turgid for the duration of a show. (Definition of turgid – the state of firmness of plant tissue resulting from adequate moisture, causing the plant cells to be fully expanded).*

NOT ACCORDING TO SCHEDULE DISQUALIFICATION: *the term used when an exhibit does not comply with the requirements of the schedule – see NAFAS reasons for disqualification above. The judge will write 'Not according to schedule' and the reason.*



**Fun, Learning and
Achievement**

Status Final
July 2021
Direct

NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS

Competitions Programme 2021 - 2022

NFYFC Cookery

Sponsored by ADM Cares and Hosted & Supported by The Three Counties Show



MALVERN
AUTUMN SHOW

RULES

2022 Platinum Jubilee Gala Dinner

Competition Aim

To provide an opportunity for YFC members to demonstrate their ability at preparing and cooking a nutritional meal whilst adhering to health and safety and food hygiene procedures.

Learning outcomes

Cooking skills including knowledge of local ingredients, use of implements, understanding recipes, food safety, hygiene, nutrition, presentation and time management.

REMINDER: Please read these rules in conjunction with **NFYFC General Rules** and familiarise all competitors with the **Fine System in place for withdrawal from competitions**.

Further information can be found at <http://www.nfyfc.org.uk/competitionsresources>

1. DATE AND VENUE

- 1.1. The final will be held at the Malvern Autumn show Saturday 24th September 2022. Subject to confirmation from the Three Counties Agricultural Society.

2. REPRESENTATION

- 2.1. Counties may enter one team per 600 members or part thereof.

3. ELIGIBILITY

- 3.1. Teams to consist of three members, one must be 28 years of age or under, one must be 21 years of age or under and one must be 16 years of age or under, on 1 September 2021, and full members of a Club affiliated to NFYFC.

4. PROCEDURE

- 4.1. **Each team will be required to prepare and display four courses for a Gala Dinner celebrating HRH Queen Elizabeth 2nd's Platinum Jubilee, courses should include local produce where possible.**
- 4.2. Teams should promote produce local to them and evidence of locality should be included in the overall display.
- 4.3. The menu must include at least one sweet course and one savoury course. Each Course will be required to serve two people. A drink does not count as a course and will not be scored.
- 4.4. Teams must ensure each course involves a cooked element, prepared from raw ingredients, demonstrating cookery skills. (It is advised that the combination of smoked salmon and cream cheese is not included).

At the NFYFC final, teams will be required to:

- 4.5. Work on two trestle tables. This includes an area to prepare and an area to cook with two (2) butane gas stoves (gas stoves provided by teams).
- 4.6. Cook and display their exhibit within the one-hour time limit.
- 4.7. Have recipe details available throughout the practical session for judge's inspection.
- 4.8. During the period of the competition, competitors must not communicate directly or indirectly with any person other than Judges or Stewards. **No other person, other than their team members, will be allowed in the competing area.**
- 4.9. Teams will not have access to an electrical supply but will have access to water. Teams may not use liquid nitrogen.

5. EQUIPMENT

Competing teams are required to provide:

- 5.1. All ingredients (these may be brought to the competition already weighed out and vegetables ready washed – **all other work must be executed on site in the practical session**).
- 5.2. Two (2) butane gas stoves (currently available from approx. £12.00 from camping and outdoor retailers/Argos/Amazon). The stoves must be like the images below and be fuelled by butane cartridges:



6. DISPLAYS

- 6.1. At the NFYFC final, competitors will be allowed a maximum display space of 90cm (width) X 60cm (depth) X height optional (i.e. no height limit) which to display the courses to their best advantage. Please note these are the EXTERNAL dimensions. If teams use back and/or side boards the whole of the board must be within the dimensions given. Any accessories or drapes used on the outside walls will be included in the overall size limit of the exhibit. **Displays which exceed the above dimensions will be disqualified.**
- 6.2. Teams must:
 - 6.2.1. Display a menu card.
 - 6.2.2. Display details of recipes.
- 6.3. There are no limitations on the contents of the display. Menu cards, recipes and display accessories (non food items) etc may be brought to the competition ready prepared.
- 6.4. Displays must remain in position throughout the day of the competition. Any entry removed before the Presentation of Awards will be disqualified.
- 6.5. All displays and competitor's property will be at the risk of the competitor and NFYFC cannot accept liability for any loss or damage sustained – therefore, competitors are advised to use items of little established value.
- 6.6. NFYFC will provide a County Name and Number label for each display.
- 6.7. **Note:** County Federations are reminded that they may adapt these rules at County level.

7. SCALE OF MARKS

Practical cookery skills, including teamwork	50
Taste	50
Finished courses, suitability, choice of menu and variety	20
Overall display and interpretation of theme	20
Suitable clothing (white coats, headwear, shoes etc)	10

TOTAL 150

TIMING

- 7.1. One hour to **include** preparation and tidying of the site. Competitors will be penalised at the rate of one mark per minute or part thereof over allotted time.
- 7.2. At the NFYFC final, teams will be allocated their workspace and display space. Display bays may be set up **before** the one-hour preparation and cooking time and teams may unpack their equipment and ingredients onto the worktable before the one-hour practical session. At the end of the one-hour preparation and cooking time, teams should have tidied the site leaving a clear (wiped) worktable with only the gas stoves on it – i.e. they should have packed away their equipment and wiped down the worktable. The gas stoves should be left on the worktable to cool before being packed away.

8. AWARDS

- 8.1. **Tesco Challenge Cup** and Prize Cards to the winning team
- 8.2. NFYFC Prize Cards will be awarded to teams placed 2nd and 3rd.
- 8.3. NFYFC Certificate of Achievement will be awarded to competitors in teams placed 1 – 10.
- 8.4. Awards will also be presented for:
 - 8.4.1. Dish of the Day
 - 8.4.2. Display of the Day
 - 8.4.3. Best presentation

9. NOTES:

- 9.1. Competitors must wear white coats or equivalent and be thoroughly smart in their appearance. Club, County and Sponsor logos are permitted on either the front or back of the coats.
- 9.2. Competitors will be required to wear hairnets/ beard nets or hats.

County Competition Organiser Safety Information when using stoves

1. The event organiser should nominate a Safety Officer who should be on-site for the duration of the setting up and one hour preparation and cooking time.
2. He or she should:
 - Situate the stoves in a sheltered area out of the wind.
 - Check the stove's condition before each use, if the gas canister seal looks damaged, or if the stove or gas canister is extremely rusty and deteriorated, it must not be used.
 - Ensure all competitors are familiar with the operating instructions for the stove and are confident at igniting it, regulating the flame and turning the stove off.
 - Check the pan support and spill tray – on some models these must be turned over after removal from the carry case, to the correct cooking position.
 - If the pan support is upside down and the burner is used, heat can be transferred onto the aerosol type butane canister in the body of the stove and after a time, the canister can burst causing a violent fire.

- Ensure that the correct type of gas canister for the appliance is used and that it is correctly fitted (in the right place and in the right way).
- When fitting the butane canister, do not force the gas canister retaining lever into position as this can damage the mechanical linkage and the safety pressure relief device.
 - If there is a problem with the retaining lever, check that the pan support and spill tray and the butane gas canister has been correctly fitted.
 - If there is still a problem with the lever or if there are further problems or concerns, do not attempt to ignite the stove.
- If anyone smells or hears gas leaking from the stove before attempting to light it, **don't use it**.
- If any gas is leaking, ensure that it is being dispersed in free air well away from any sparks or other sources of ignition.
- Ensure a fire extinguisher/ fire blanket are available to be used by a trained person/ safety officer.



**Fun, Learning and
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Status Final

July 2021

Direct

November 2021

NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS

Competitions Programme 2021-2022
NFYFC Dairy Cattle Linear Assessment
28 & under



RULES

Competition Aim

To provide members with the opportunity to put their training to the test by judging high quality livestock and presenting their findings to industry experts. Members provided with constructive feedback and advice from the industry experts for their future development.

Learning outcomes

Judging skills including: observation, understanding of the make-up of the animal and market demands.
Communication skills, presentation and time keeping skills.

REMINDER: Please read these rules in conjunction with **NFYFC General Rules** and familiarise all competitors with the **Fine System in place for withdrawal from competitions.**

Further information can be found at <http://www.nfyfc.org.uk/competitionsresources> along with the AHDB Guide to Stockjudging and Video.

1. DATE & VENUE

- 1.1. After the County Final, the National Final will be held, at the Great Yorkshire Show on ~~Thursday 14th July 2022~~ subject to confirmation by YAS. **Friday, 15th July, 2021.**

2. REPRESENTATION

- 2.1. Counties may enter one competitor per 600 members or part thereof.

3. ELIGIBILITY

- 3.1. Competitors must be 28 years of age or under on 1st September 2021 and full members of a Club affiliated to the NFYFC.

4. PROCEDURE

- 4.1. The competitor will be required to assess four dairy cows (breed to be advised) using the linear method of assessing characteristics. Competitors are also required to place these cattle in order of merit as to their suitability for milk production and breeding herd replacements.
- 4.2. Competitors to give positive reasons to the Judges to justify their placings.

- 4.3. The cattle will be designated A, B, X, Y.
- 4.4. NFYFC are following the Holstein UK guidelines for Linear Assessment in this competition.

5. **TIMING**

- 5.1. Thirty minutes will be allowed for stock inspection/assessment, handling and preparing reasons.
- 5.2. Following the placing cards being marked, competitors will be called at random to state their reasons to the Judge. The competitor will be allowed up to two minutes to state his/her reasons.
- 5.3. Competitors who exceed the time limit will incur penalties at a rate of two marks for each fifteen seconds or part thereof.

6. **SCALE OF MARKS**

Correct Assessment	100
<i>(1 point will be deducted for each point of variation from the Master Judge's score)</i>	
Placings	50
Accuracy of Observations	25
Positive Comparison	15
Style (including presentation of competitor)	10
TOTAL PER COMPETITOR	<u>200</u>

AWARDS

- 6.1. **Harold Jackson Perpetual Challenge Trophy**, NFYFC Prize Card to the winner.
- 6.2. NFYFC Prize Cards to competitors placed 2nd and 3rd
- 6.3. NFYFC Certificates of Achievement will be awarded to competitors placed 1st to 10th
- 6.4. The highest scoring county team to receive The Farmer and Stockbreeder Trophy and NFYFC Awards. The second and third placed teams will also receive NFYFC Awards.

7. **NOTES**

- 7.1. During the competition, competitors may not have with them any papers or literature other than the placing cards provided.
- 7.2. When stating reasons, competitors may use only the NOTES SECTION on the official cards provided. These notes are intended for reference only and the competitors who read their notes verbatim to the Judges will be penalised.
- 7.3. During the period of the competition, competitors must not communicate directly or indirectly with any person other than Judges and Stewards under penalty of disqualification.
- 7.4. Competitors must provide themselves with white coats, which must be worn during the period of the competition and at the Presentation of Awards. Club, County and Sponsor logos are permitted on either the front or back of the coats.



Beacon Rules

A scrap metal beacon no taller than 2 metres and no smaller than 1metre.

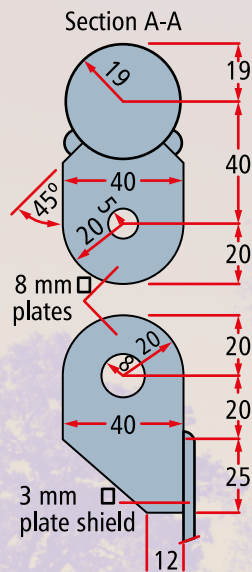
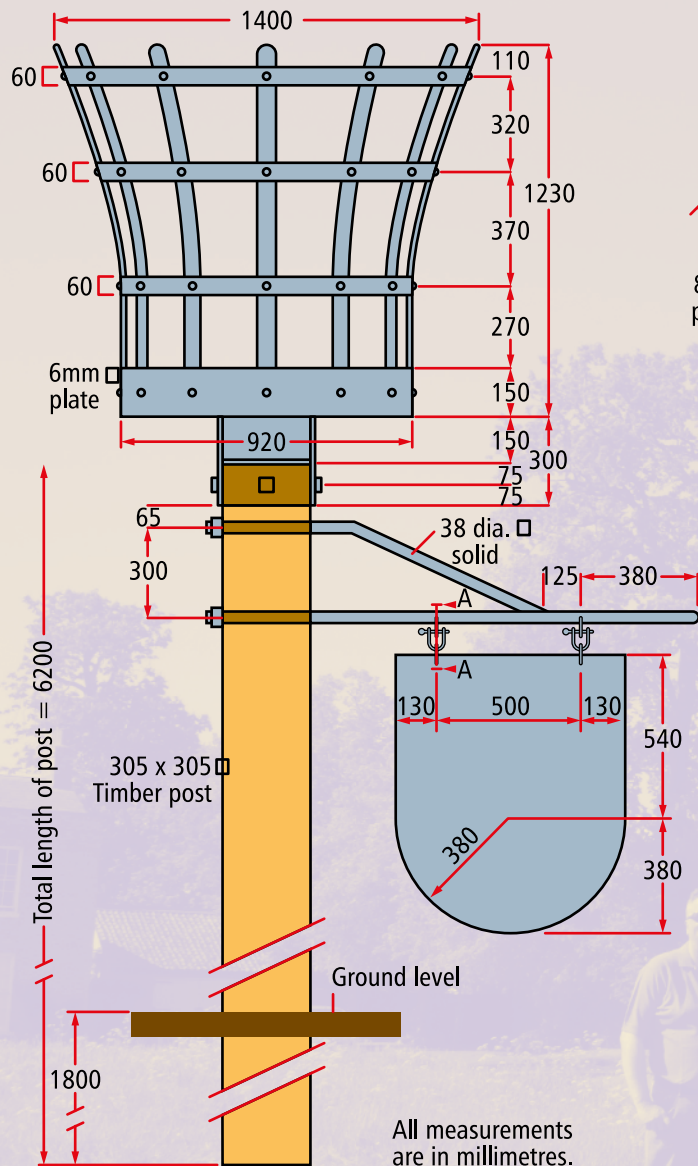
Must have a shield fixed to the post with YFC logo

Must be able to be fixed to a post for the Beacon Lighting Event on Thursday 2nd June.

You will only be awarded points for the construction of the basket & shield. Please stay as closely to the instructions provided on the official beacon brazier document which is provided.



The Queen's Platinum Jubilee Beacon Brazier



Beacon Brazier with Metal Shield

A beacon brazier will provide a permanent reminder of this unique moment in The Queen's reign. It can be built by local craftsmen and women, and may be used for future historic occasions in your community. It could be sited in a country park, on a hilltop overlooking the sea or a lake, in the centre of your town or village, and could become a tourist attraction for your area.

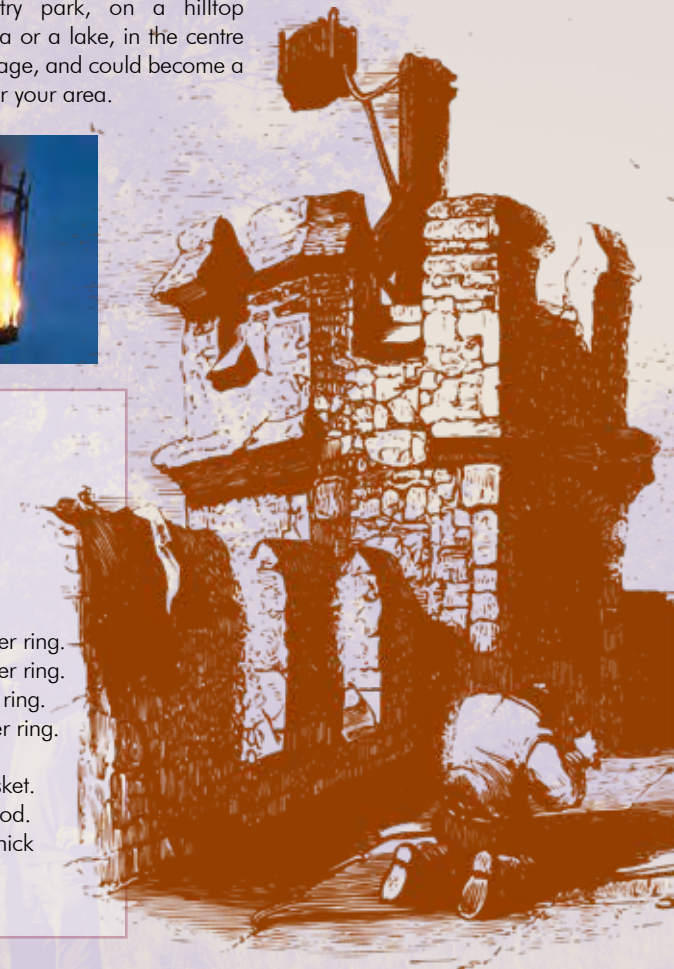


Materials Required for Beacon Construction

Wooden centre post consisting of 305mm x 305mm wooden post, 6.25 metres in length of which 2 metres goes into the ground.

Basket and fixing brackets consisting of:

- 1 x 920mm diameter steel plate.
- 1 x 4,178mm long 60mm x 5mm steel flat bar rolled into 1,330mm diameter ring.
- 1 x 3,455mm long 60mm x 5mm steel flat bar rolled into 1,100mm diameter ring.
- 1 x 2,985mm long 60mm x 5mm steel flat bar rolled into 950mm diameter ring.
- 1 x 2,922mm long 150mm x 5mm steel flat bar rolled into 930mm diameter ring.
- 12 x (approx 1,250mm long) 60mm x 5mm vertical bars (rolled to shape).
- 1 x 310mm x 310mm x 300mm high connection box welded to base of basket.
- 1 x hanging shield and support: 3.7m length of 38mm diameter solid steel rod.
- 1 x 920mm x 760mm steel plate 3mm thick 4 x connection brackets 8mm thick (see detailed drawings left).
- 2 x pins and loops.





**Fun, Learning and
Achievement**

NFYFC Cheerleading

(28 & Under)

RULES

COMPETITION AIM

To provide members with the opportunity to participate in a physical activity to demonstrate their Cheerleading skills, in a competition environment

LEARNING OUTCOMES

Choreography and composition, movement, performing, confidence, decision-making, teamwork and personal development skills

1. DATE & VENUE

- 1.1. After Area Finals, the National Final will be held on Competitions Day, Saturday 9th July 2022 at Staffordshire Showground.

1. REPRESENTATION

- 1.1. Counties may enter one team per 600 members or part thereof in Area Eliminators.
- 1.2. Areas will be represented in the final by one team per 3,000 members or part thereof. (Northern Area 2, Eastern Area 1 and East Midlands 1, West Midlands Area 1, South West Area 2, South East Area 1 and Wales 2)

2. ELIGIBILITY

- 2.1. The team may consist of between 6 and 10 members, all of whom must be 28 years of age or under on 1st September 2021 and a full member of a Club affiliated to the NFYFC. The team must consist of a minimum of 2 members of the opposite gender.

3. SUBSTITUTION

- 3.1. **All substitutes must have been eligible to compete in the County Final.**

4. PROCEDURE

- 4.1. Each team is required to perform a Cheerleading routine. Cheerleading is a physical activity, which contains many elements including dance, jumps, cheers and stunts to direct spectators of events to cheer-on sports teams at games and to encourage spectators to participate in competitions/sports.
- 4.2. Each team to be allocated a 10-minute rehearsal slot prior to their performance, before audience is present.
- 4.3. **Safety Clarification:** This clarification should make clear what can be included in the routine and protect the safety to all participating.
 - 4.3.1. For the purposes of this competition, **Tumbling** is a gymnastic element and a **Stunt** is a lift (normally a static nature at this level) where a person has their weight off the ground)
 - 4.3.1.1. **Tumbling**
Allowed: Forward Rolls, Backward Rolls, Cartwheels, Front Walkovers and Back Walkovers
Not Allowed: Tumbling that involves a spring or run (i.e. Flips, Somersaults, Handsprings)
 - 4.3.1.2. **Stunts:** For the purposes of this competition, we are defining Stunts as 'an element performed by a group of Cheerleaders, involving Flyers, Bases and Spotters.
Flyer: A person without contact to the ground – Also known as Mounter/Top person
Base: A person in direct contact with the floor who provides primary support for the flyer and could also be responsible for catching the flyer during dismount
Back Spot: A person primarily responsible for protecting the head, neck and shoulders of the flyer. They must be positioned to the side or the back of the stunt. The Back Spot may not have both hands providing primary weight-bearing support to the flyer. The Back Spot must be a participating member of the team.

4.3.2. These rules state that Stunts are allowed, to note that at the NFYFC Final a MATTED FLOOR will be provided

4.3.3. **No Stunt to be more than 1½ persons high (a member sitting on another members shoulders = 1½ members high)**

4.3.4. All stunts at this height must have a Back Spot. Not Allowed: Stunts that involve a Twist or Rotation. Teams must adhere to these guidelines. At the area rounds and NFYFC finals, if the judge(s) believe moves in the routine to be dangerous, the performance will be stopped and will not be scored.

4.4. At the NFYFC Final the size of the dance area will be in the region of 8.6m x 8.6m (The County or Area will confirm detail of their Final)

4.5. Music to be submitted to NFYFC no later than **Friday 10th June 2022** on CD format.

4.6. A **Performing Rights (PRS) Society for Music Form** will be supplied to finalist teams by the NFYFC (as directed by the venue license holders) for the final of the competition. This form must be completed and returned to NFYFC together with the Music CD no later than **Friday 10th June 2022**

4.7. All music must be, at every round, a **Radio Edit – i.e. suitable and passed for radio broadcast to family (pre watershed) audiences.**

5. TIMING

5.1. A minimum of 3 minute and a maximum of 5 minutes will be allowed for the routine.

5.2. **Time Penalties** - time deductions are one mark for each 15 seconds (or part thereof) over or under the allocated time by any member of the team.

6. SCALE OF MARKS

Creativity & Choreography	30
(Formations/Shapes/Use of Floor)	
Technical Marks	30
(Gym skills/Jumps/Lifts/Travelling)	
Showmanship & Spirit	20
(Enthusiasm/Voice Projection)	
Costume	10
Overall Presentation	10
TOTAL	100

7. AWARDS

7.1. Trophy and Prize Cards to the winning team.

7.2. NFYFC Prize Cards to teams placed 2nd and 3rd

7.3. NFYFC Certificates of Achievement will be awarded to all teams participating in the NFYFC Final.

NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS

Competitions Programme 2021-2022

NFYFC Tug of War Championships

(Ladies, Men's and Junior GENSB Competitions)

Following the Tug of War Association Competition Rules, 2011; incorporating TWIF Rules



TENBURY
COUNTRYSIDE SHOW

RULES

COMPETITION AIM

To encourage YFC members to work together as a team to demonstrate their Tug-of-War skills in a competition environment.

LEARNING OUTCOMES

Tug-of-War skills: strength, rhythm, pulling position and technique; teamwork, respect, discipline, enjoyment, sportsmanship as well as providing health and wellbeing benefits.

For insurance purposes all rounds of competition must be held using a Tug of War Association (ToWA) judge and under the authority of a Tug of War Association permit (available from the Hon. Gen. Sec. of the ToWA). Further guidance can be obtained from the official Tug of War Association Handbook or ToWA website.

These rules are for the NFYFC final but may be adapted for county and area rounds with agreement from the chief judge. Counties and areas may wish to pull in a straight knockout competition or pull according to the pre 2011 ToWA rules.

REMINDER: Please read these rules in conjunction with **NFYFC General Rules** and familiarise all competitors with the **Fine System in place for withdrawal from competitions.**

Further information can be found at <http://www.nfyfc.org.uk/competitionsresources>

1. DATE & VENUE

- 1.1. After the area finals, the final will be held at Tenbury Show on Saturday 6th August 2022.

2. REPRESENTATION

- 2.1. Counties may enter one team entry per 600 members or part thereof in Area Finals.
- 2.2. Areas will be represented by one County team per 3,000 members or part thereof in the Competition Final. (Northern Area 2, Eastern Area 1, East Midlands 1, West Midlands Area 1, South West Area 2, South East Area 1 and Wales 2)

3. SUBSTITUTION PRIOR TO THE COMPETITION

- 3.1 **All substitutes must have been eligible to compete in the County Final.**

4. ELIGIBILITY

- 4.1. **Ladies and Men's teams** shall consist of eight pulling members of the same gender. No more than **two (2)** members of a team may be between the ages of 15 and over, and under 17 years on 1 September 2021 and the remainder of the team **MUST** be between 17 years and over, and 28 years of age or under on 1 September 2021.

- 4.2. **A Junior GENSB team** shall consist of between 7 and 10 pulling members, male or female, who must be between 12 years & 17 years of age and under on 1st September 2021. **This means competitors MUST have attained their 12th birthday on 1st September 2021 and may be 18 on the day of the competition.**
- 4.3. All competitors must be full members of a Club affiliated to the NFYFC (**You cannot compete for more than one club and county in one membership year**). Competitors at the National Final must both present their YFC membership card and also, if over 18, have additional official photographic ID (Passport or Driving Licence).
- 4.4. **Coaches and Trainers** – Only one Coach is permitted with each team during pulling. Only one Trainer or “Water-Carrier” is permitted with each team. During pulling the Trainer shall take up position well clear of both teams and is not permitted to address any remark to them during actual pulling. Neither the Coach nor Trainer need comply with other rules of eligibility.

5. **REPLACEMENT PULLERS**

- 5.1. **All replacements must have been eligible to compete in the County Final.**

6. **WEIGHING-IN PROCEDURE AND WEIGHT LIMITS**

- 6.1. Teams will be notified of Weighing-in and report times prior to the NFYFC final.
- 6.2. The 8 members of the Ladies or Men’s teams will be weighed as one and will not exceed:
Men - 680 kg Ladies - 560 kg
- 6.3. The members of the Junior GENSB team will be weighed as one with the initial weight limit of:
Junior GENSB - 560kg

An additional 10kg will be added to the weight allowance for each female in the team up to a maximum of 600kg

- 6.4. The competitors will be stamped or marked on a limb in a position easily seen by the Judge, but not easily erased by the rope or competitors clothing.
- 6.5. **At weigh-in all team members must have their boots available for inspection by the judges.**

7. **SUBSTITUTION ON THE DAY OF THE COMPETITION**

- 7.1. After a team has pulled the first end of the first match, the team is able to use a substitution. A substitute may replace any one puller for the remainder of the competition (Age restriction of team still applies). Substitution may be used for tactical reasons or due to injury.
- 7.2. Any potential substitutes must (unless otherwise instructed by competition organisers) have been signed in and had their membership card checked prior to pulling in the competition.
- 7.3. At the time of substitution; both, the puller to be replaced and the substitute, must report in full pulling outfit, (shirts, shorts, stockings and footwear) to the Chief Judge/Chief Steward who may designate an official to deal with the substitutes. A small (bathroom type) scale must be available at the pulling area, (in a suitable place, on solid surface), to determine the weight difference between the two pullers. The substitute puller must be of equal weight or less than the puller he/she replaces. Directly after the change, the Chief Judge or designated official shall cancel the stamp or marking of the replaced puller, and indicate a similar marking on the substitute, with an indelible marker. This change shall then be recorded.

N.B For GENSB teams; Once weighed in, the team weight allowance cannot be improved upon through substitution i.e. increasing the number of females on the team. Any weight bonus must be removed accordingly if the number of females has decreased below the original bonus threshold of the team.

Eg. Team = 5 males & 4 females = 600kg (560kg + 40kg bonus). A female puller of 70kg is substituted for a male. The male must weigh 60kg or less (Both in full pulling gear) because the resultant bonus has decreased.

8. **DRAW AND BYES**

- 8.1. The Chief Judge and Chief Steward will confirm the number of leagues teams shall be drawn into. However there shall be no more than 7 teams in one league.

9. **PULLING**

- 9.1. Each team shall pull a match of 2 ends against every other team in the league with points awarded as follows:
- | | |
|------------|--------------------------------------------------------|
| 3 points | to the winners in a straight pull (two straight pulls) |
| Nil points | to the losers in a straight pull |
| 1 point | to each team winning 1 pull each |

Note: If teams are drawing on points at the end of the league; they shall be ranked using the following system until differentiation:

- 1. Results of matches (between the teams drawing on points).**
- 2. Matches won (most matches won).**
- 3. Cautions (least number throughout pulling).**
- 4. Team weight (lowest team weight at weigh in).**
- 5. Coin toss or draw.**

- 9.2. If there is one league; the top 4 teams on points shall enter the semi-final competition as follows: 1st v 4th; 2nd v 3rd
- 9.3. If there are two leagues; the top 2 teams on points from each league shall enter the semi-final competition as follows: League one winner v League two runner up League two winner v League one runner up
- 9.4. The losers of the semi-finals shall pull off for 3rd and 4th places before the winners of the semi-finals pull off for 1st and 2nd places.
- 9.5. **The semi-finals, 3rd/4th pull off and the final matches shall be won by two (2) pulls out of three (3).**

11 AWARDS

- 11.1 **Perpetual Shields** and Prize Cards to the winning teams.
- 11.2 **Prize Cards** to teams placed 2nd to 4th

NFYFC Certificates will be awarded to all members of teams competing in the NFYFC finals.