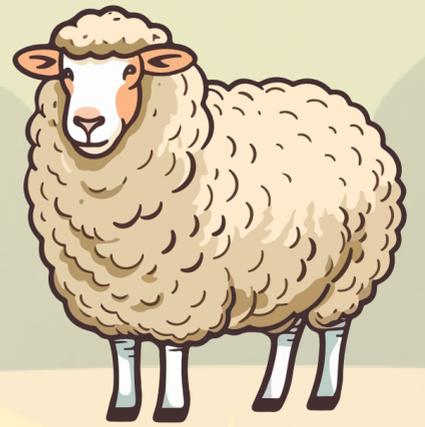
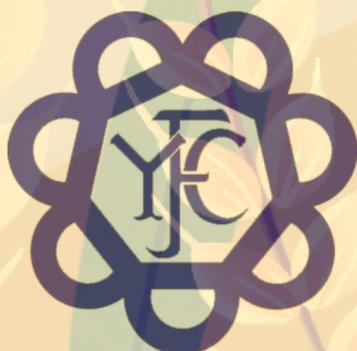


# **NORFOLK YFC & Countrysiders 2025/2026**



**BLOCK THREE - CS**



# General Rules

1. Please note entries will only be accepted on the digital competition entry form and must be submitted to the County Office by the set date.

2. Clubs may enter the total number of entrants, please note that competitors over the age of 28 will not be able to compete at Eastern Area and National competitions and that only one entry will count towards points.

3. Provided a club has already submitted their current block entry, they may request to the Competitions & Training Committee (CAT) Chairman a late entry into competitions for that block. Acceptance of a late entry is at the discretion of the CAT Chairman and Vice Chairman and will not be permitted where this will detrimentally affect the running of the competition.

4. Change of entries will NOT be accepted later than 3 working days prior to a weekend competition, and 5 working days for a weekday/evening competition; changes on the day may lead to disqualification. Late withdrawals from any competition, changes on the day or lack of attendance will issue a £40.00 fine which will be invoiced to the club, this will be reduced to £20.00 if paid within 7 days. No show or Late Withdrawal from any competition will also result in 3 marks being deducted from the NFU Trophy score of the Club.

5. All competition rules will be strictly enforced and if any Clubs are found to be in default after an event, their results will be discounted and any NFU Cup Points gained will be deducted. Clubs are asked to be particularly aware of the age qualifications for competitors in each individual competition. These are clearly laid down in each set of both County and National rules. If you require clarification of any rules please refer to the CAT Chairman, Vice-Chairman or the YFC Office. National rules and guidelines will be in place for all National competitions.

6. COMPETITORS MUST BE REGISTERED MEMBERS. Members must produce a digital membership card with a photograph. Where a membership card cannot be shown digitally it must be printed. If no card is presented (either 1. digital or printed) then the member will not be allowed to compete.

7. Insurance. The cover provided by the National YFC Insurance Scheme will apply to all Clubs and members participating in any of these competitions. Any queries regarding Insurance, contact the County Office in the first instance. Non-members competing where not agreed prior to the competition with the County Office will invalidate the competition's insurance for the entire day.

8. If, at the time of the competition day, a club holds an overdue invoice owed to Norfolk FYFC the club will not be able to compete until the invoice is paid in full. This is in line to the Constitution.

9. Selection of competitors for Eastern Area/National Competitions will be organised on competition days if possible.

10. If there are not enough entries received for any individual competition, the competition will not take place.

11. A "SCRATCH TEAM" is permitted. The team cannot be placed but will gain 1 point for entering.

|              |                                                                                                        |
|--------------|--------------------------------------------------------------------------------------------------------|
| COUNTRYSIDER | Member must be 10 – 16 as at 1st September 2025<br>Countrysiders cannot join until their 10th birthday |
| JUNIOR       | Member must be 10 – 16 as at 1st September 2025                                                        |
| INTERMEDIATE | Member must be 17 – 21 as at 1st September 2025                                                        |
| SENIOR       | Member must be 22 – 30 as at 1st September 2025                                                        |

For further details of the rules please contact the CAT Chairman, and the County Office.

## Mock farm Auction

**Rules:** Team of 2 members. Value items 1 -10, writing down your bid on the list provided by the judge on the day. Auctioneer will conduct sale in the usual manner.  
 Bid during the sale to your valuation value. If you win the bid, make a note of the winning price as this goes toward your final points. Completed forms to be handed in promptly.  
 On any matter of dispute the decision of the Auctioneer shall be final.

Event: **FARM EVENT**

When **Sunday 10th May 2026**

Where: **Morley Farm, Deopham Road, Morley St. Botolph  
NR18 9DF**

Time **TBC**

No of teams per club: **2**

Consisting of: **2**

Age Range: **registered member**

Eastern Area Eliminator Date: **N/A**

National Final Date: **N/A**

National Rules Available on Website:

Notes

Competitor(s) for this competition are:-

**ALL COMPETITORS MUST BE REGISTERED MEMBERS**  
**If you have any queries about this competition, please**  
**call County Office 01603 213 688**

## Farm safety Quiz

Rules: Team of 2 to answer the quiz sheet provided. Book in at 10.30

|                                      |                                                               |
|--------------------------------------|---------------------------------------------------------------|
| Event:                               | <b>FARM EVENT</b>                                             |
| When                                 | <b>Sunday 10th May 2026</b>                                   |
| Where:                               | <b>Morley Farm, Deopham Road, Morley St. Botolph NR18 9DF</b> |
| Time                                 | <b>book in at 10:00am for your time slot</b>                  |
| No of teams per club:                | <b>1</b>                                                      |
| Consisting of:                       | <b>2</b>                                                      |
| Age Range:                           | <b>registered member</b>                                      |
| Eastern Area Eliminator Date:        | <b>N/A</b>                                                    |
| National Final Date:                 | <b>N/A</b>                                                    |
| National Rules Available on Website: | <input type="checkbox"/>                                      |
| Notes                                |                                                               |

Competitor(s) for this competition are:-

**ALL COMPETITORS MUST BE REGISTERED MEMBERS**  
**If you have any queries about this competition, please**  
**call County Office 01603 213 688**

**Milk a Cow**

Rules: Individual Competitor to milk a model cow for 1 minute to collect as much 'milk' as possible.  
'Milk' to be collected into a bucket and measured.

|                                      |                                                                   |
|--------------------------------------|-------------------------------------------------------------------|
| Event:                               | <b>FARM EVENT</b>                                                 |
| When                                 | <b>Sunday 10th May 2026</b>                                       |
| Where:                               | <b>Morley Farm, Deopham Road, Morley St. Botolph<br/>NR18 9DF</b> |
| Time                                 | <b>book in at 10:00am for your time slot</b>                      |
| No of teams per club:                | <b>1</b>                                                          |
| Consisting of:                       |                                                                   |
| Age Range:                           | <b>registered member</b>                                          |
| Eastern Area Eliminator Date:        | <b>N/A</b>                                                        |
| National Final Date:                 | <b>N/A</b>                                                        |
| National Rules Available on Website: | <input type="checkbox"/>                                          |
| Notes                                |                                                                   |

Competitor(s) for this competition are:-

**ALL COMPETITORS MUST BE REGISTERED MEMBERS**  
**If you have any queries about this competition, please**  
**call County Office 01603 213 688**

## TelePorter Challenge

**Rules:** A timed event.  
Member to place the shape(s) provided into the correct place on the board using the teleporter provided.  
This is a timed event. Fastest one to win.

|                                      |                                                                   |
|--------------------------------------|-------------------------------------------------------------------|
| Event:                               | <b>FARM EVENT</b>                                                 |
| When                                 | <b>Sunday 10th May 2026</b>                                       |
| Where:                               | <b>Morley Farm, Deopham Road, Morley St. Botolph<br/>NR18 9DF</b> |
| Time                                 | <b>Book in at 10:30am for your time slot</b>                      |
| No of teams per club:                | <b>1</b>                                                          |
| Consisting of:                       | <b>individual</b>                                                 |
| Age Range:                           | <b>registered member</b>                                          |
| Eastern Area Eliminator Date:        |                                                                   |
| National Final Date:                 |                                                                   |
| National Rules Available on Website: | <input type="checkbox"/>                                          |
| Notes                                |                                                                   |

Competitor(s) for this competition are:-

**ALL COMPETITORS MUST BE REGISTERED MEMBERS**  
If you have any queries about this competition, please  
call County Office 01603 213 688

## Pigeon Plucking

**Rules:** Member (to provide own pigeon and equipment needed) to pluck, gut and dress. Pigeon for the table as directed by the judge. Pigeon to be presented on a chopping board. Aprons and gloves must be worn and supplied by competitor.  
Work area must be cleared and debris taken home or points will be deducted.

|                                      |                                                                   |
|--------------------------------------|-------------------------------------------------------------------|
| Event:                               | <b>FARM EVENT</b>                                                 |
| When                                 | <b>Sunday 10th May 2026</b>                                       |
| Where:                               | <b>Morley Farm, Deopham Road, Morley St. Botolph<br/>NR18 9DF</b> |
| Time                                 | <b>10:00-11:00am</b>                                              |
| No of teams per club:                | <b>1</b>                                                          |
| Consisting of:                       | <b>individual</b>                                                 |
| Age Range:                           | <b>registered member</b>                                          |
| Eastern Area Eliminator Date:        |                                                                   |
| National Final Date:                 |                                                                   |
| National Rules Available on Website: | <input type="checkbox"/>                                          |

Notes

Competitor(s) for this competition are:-

**ALL COMPETITORS MUST BE REGISTERED MEMBERS**  
If you have any queries about this competition, please  
call County Office 01603 213 688

**Meat ID identification**

Rules: team of 2 to answer or complete the task set by the judge on the day of competition.

|                                      |                                                                   |
|--------------------------------------|-------------------------------------------------------------------|
| Event:                               | <b>FARM EVENT</b>                                                 |
| When                                 | <b>Sunday 10th May 2026</b>                                       |
| Where:                               | <b>Morley Farm, Deopham Road, Morley St. Botolph<br/>NR18 9DF</b> |
| Time                                 | <b>Book in at 10:00am for your time slot</b>                      |
| No of teams per club:                | <b>1</b>                                                          |
| Consisting of:                       | <b>2</b>                                                          |
| Age Range:                           | <b>registered member</b>                                          |
| Eastern Area Eliminator Date:        |                                                                   |
| National Final Date:                 |                                                                   |
| National Rules Available on Website: | <input type="checkbox"/>                                          |
| Notes                                |                                                                   |

Competitor(s) for this competition are:-

**ALL COMPETITORS MUST BE REGISTERED MEMBERS**  
**If you have any queries about this competition, please**  
**call County Office 01603 213 688**

## Rope Knots

Rules: Individual competitor to make five knots as per instruction. Book a slot at 10.00

|                                      |                                                                   |
|--------------------------------------|-------------------------------------------------------------------|
| Event:                               | <b>FARM EVENT</b>                                                 |
| When                                 | <b>Sunday 10th May 2026</b>                                       |
| Where:                               | <b>Morley Farm, Deopham Road, Morley St. Botolph<br/>NR18 9DF</b> |
| Time                                 | <b>Book in at 10:00am for your time slot</b>                      |
| No of teams per club:                | <b>1</b>                                                          |
| Consisting of:                       | <b>2</b>                                                          |
| Age Range:                           | <b>registered member</b>                                          |
| Eastern Area Eliminator Date:        |                                                                   |
| National Final Date:                 |                                                                   |
| National Rules Available on Website: | <input type="checkbox"/>                                          |
| Notes                                |                                                                   |

Competitor(s) for this competition are:-

**ALL COMPETITORS MUST BE REGISTERED MEMBERS**  
**If you have any queries about this competition, please**  
**call County Office 01603 213 688**

## Fruit or Veg throwing

**Rules:** Team to consist of one male and one female. Team to individually throw a vegetable or fruit (each member to provide own vegetable/fruit of their choice). Each member to throw vegetable/ fruit once, distances will be combined for overall result.

|                                      |                                                                   |
|--------------------------------------|-------------------------------------------------------------------|
| Event:                               | <b>FARM EVENT</b>                                                 |
| When                                 | <b>Sunday 10th May 2026</b>                                       |
| Where:                               | <b>Morley Farm, Deopham Road, Morley St. Botolph<br/>NR18 9DF</b> |
| Time                                 | <b>Book in at 10:00am for your time slot</b>                      |
| No of teams per club:                | <b>1</b>                                                          |
| Consisting of:                       | <b>2</b>                                                          |
| Age Range:                           | <b>registered member</b>                                          |
| Eastern Area Eliminator Date:        |                                                                   |
| National Final Date:                 |                                                                   |
| National Rules Available on Website: | <input type="checkbox"/>                                          |

Notes

Competitor(s) for this competition are:-

**ALL COMPETITORS MUST BE REGISTERED MEMBERS**  
**If you have any queries about this competition, please**  
**call County Office 01603 213 688**

Eye Spy

Rules: Team of 2 to stand at workshop door. 15 seconds to look around the workshop before having 3 minutes to complete the questionnaire.

|                                      |                                                                   |
|--------------------------------------|-------------------------------------------------------------------|
| Event:                               | <b>FARM EVENT</b>                                                 |
| When                                 | <b>Sunday 10th May 2026</b>                                       |
| Where:                               | <b>Morley Farm, Deopham Road, Morley St. Botolph<br/>NR18 9DF</b> |
| Time                                 | <b>Book in at 10:00am for your time slot</b>                      |
| No of teams per club:                | <b>1</b>                                                          |
| Consisting of:                       | <b>2</b>                                                          |
| Age Range:                           | <b>registered member</b>                                          |
| Eastern Area Eliminator Date:        |                                                                   |
| National Final Date:                 |                                                                   |
| National Rules Available on Website: | <input type="checkbox"/>                                          |
| Notes                                |                                                                   |

Competitor(s) for this competition are:-

**ALL COMPETITORS MUST BE REGISTERED MEMBERS**  
**If you have any queries about this competition, please**  
**call County Office 01603 213 688**

## Grain Shovelling

**Rules:** team consisting of one over 18 & one under 18 member. They are to work together to complete the task of moving the grain set by the judge on the day.

|                                      |                                                                     |
|--------------------------------------|---------------------------------------------------------------------|
| Event:                               | <b>FARM EVENT</b>                                                   |
| When                                 | <b>Sunday 10th May 2026</b>                                         |
| Where:                               | <b>Morley Farm, Deopham Road, Morley St. Botolph<br/>NR18 9DF</b>   |
| Time                                 | <b>Book in at 10:00am for your time slot</b>                        |
| No of teams per club:                | <b>1</b>                                                            |
| Consisting of:                       | <b>2</b>                                                            |
| Age Range:                           | <b>one over 18 and one countrysider both registered<br/>members</b> |
| Eastern Area Eliminator Date:        |                                                                     |
| National Final Date:                 |                                                                     |
| National Rules Available on Website: | <input type="checkbox"/>                                            |
| Notes                                |                                                                     |

Competitor(s) for this competition are:-

**ALL COMPETITORS MUST BE REGISTERED MEMBERS**  
**If you have any queries about this competition, please**  
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## Sudoku

Rules: Member to correctly complete the 9x9 sudoku grid as quick as possible

|                                      |                                                                   |
|--------------------------------------|-------------------------------------------------------------------|
| Event:                               | <b>FARM EVENT</b>                                                 |
| When                                 | <b>Sunday 10th May 2026</b>                                       |
| Where:                               | <b>Morley Farm, Deopham Road, Morley St. Botolph<br/>NR18 9DF</b> |
| Time                                 | <b>Book in at 10:00am for your time slot</b>                      |
| No of teams per club:                | <b>1</b>                                                          |
| Consisting of:                       | <b>1</b>                                                          |
| Age Range:                           | <b>registered member</b>                                          |
| Eastern Area Eliminator Date:        |                                                                   |
| National Final Date:                 |                                                                   |
| National Rules Available on Website: | <input type="checkbox"/>                                          |
| Notes                                |                                                                   |

Competitor(s) for this competition are:-

**ALL COMPETITORS MUST BE REGISTERED MEMBERS**  
**If you have any queries about this competition, please**  
**call County Office 01603 213 688**

## First Aid Challenge

**Rules:** Team of 2 to complete first aid tasks and answer a questionnaire. Book in at 10.00.

|                                      |                                                                   |
|--------------------------------------|-------------------------------------------------------------------|
| Event:                               | <b>FARM EVENT</b>                                                 |
| When                                 | <b>Sunday 10th May 2026</b>                                       |
| Where:                               | <b>Morley Farm, Deopham Road, Morley St. Botolph<br/>NR18 9DF</b> |
| Time                                 | <b>Book in at 10:00am for your time slot</b>                      |
| No of teams per club:                | <b>1</b>                                                          |
| Consisting of:                       | <b>2</b>                                                          |
| Age Range:                           | <b>registered member</b>                                          |
| Eastern Area Eliminator Date:        |                                                                   |
| National Final Date:                 |                                                                   |
| National Rules Available on Website: | <input type="checkbox"/>                                          |
| Notes                                |                                                                   |

Competitor(s) for this competition are:-

**ALL COMPETITORS MUST BE REGISTERED MEMBERS**  
**If you have any queries about this competition, please**  
**call County Office 01603 213 688**

**Dart challenge**

Rules: Participant to throw 9 darts. Highest score wins.

|                                      |                                                                   |
|--------------------------------------|-------------------------------------------------------------------|
| Event:                               | <b>FARM EVENT</b>                                                 |
| When                                 | <b>Sunday 10th May 2026</b>                                       |
| Where:                               | <b>Morley Farm, Deopham Road, Morley St. Botolph<br/>NR18 9DF</b> |
| Time                                 | <b>Book in at 10:00am for your time slot</b>                      |
| No of teams per club:                | <b>1</b>                                                          |
| Consisting of:                       | <b>1</b>                                                          |
| Age Range:                           | <b>registered member</b>                                          |
| Eastern Area Eliminator Date:        |                                                                   |
| National Final Date:                 |                                                                   |
| National Rules Available on Website: | <input type="checkbox"/>                                          |
| Notes                                |                                                                   |

Competitor(s) for this competition are:-

**ALL COMPETITORS MUST BE REGISTERED MEMBERS**  
**If you have any queries about this competition, please**  
**call County Office 01603 213 688**

Exhibit: Spring Cake

Rules: Spring themed cake. You will be judged on taste and appearance. Photo to be included.

|                                      |                                                                   |
|--------------------------------------|-------------------------------------------------------------------|
| Event:                               | <b>FARM EVENT</b>                                                 |
| When                                 | <b>Sunday 10th May 2026</b>                                       |
| Where:                               | <b>Morley Farm, Deopham Road, Morley St. Botolph<br/>NR18 9DF</b> |
| Time                                 | <b>To be in place by 10:00am</b>                                  |
| No of teams per club:                | <b>1</b>                                                          |
| Consisting of:                       | <b>1</b>                                                          |
| Age Range:                           | <b>registered member</b>                                          |
| Eastern Area Eliminator Date:        |                                                                   |
| National Final Date:                 |                                                                   |
| National Rules Available on Website: | <input type="checkbox"/>                                          |
| Notes                                |                                                                   |

Competitor(s) for this competition are:-

**ALL COMPETITORS MUST BE REGISTERED MEMBERS**  
**If you have any queries about this competition, please**  
**call County Office 01603 213 688**

**Exhibit: Pork Pie**

**Rules:** Member to make a homemade pork pie. Member to include recipe and photographs of process.  
You will be judged on taste and appearance.

|                                      |                                                                   |
|--------------------------------------|-------------------------------------------------------------------|
| Event:                               | <b>FARM EVENT</b>                                                 |
| When                                 | <b>Sunday 10th May 2026</b>                                       |
| Where:                               | <b>Morley Farm, Deopham Road, Morley St. Botolph<br/>NR18 9DF</b> |
| Time                                 | <b>To be in place by 10:00am</b>                                  |
| No of teams per club:                | <b>1</b>                                                          |
| Consisting of:                       | <b>1</b>                                                          |
| Age Range:                           | <b>registered member</b>                                          |
| Eastern Area Eliminator Date:        |                                                                   |
| National Final Date:                 |                                                                   |
| National Rules Available on Website: | <input type="checkbox"/>                                          |
| Notes                                |                                                                   |

Competitor(s) for this competition are:-

**ALL COMPETITORS MUST BE REGISTERED MEMBERS**  
**If you have any queries about this competition, please**  
**call County Office 01603 213 688**

## Exhibit: Flower Pot

**Rules:** Decorate a large terracotta flower pot. Member to provide pot. Photos of process to be included. Size 35cm - 40cm diameter. We would like to display these at our stand for the Norfolk Show

|                                      |                                                               |
|--------------------------------------|---------------------------------------------------------------|
| Event:                               | <b>FARM EVENT</b>                                             |
| When                                 | <b>Sunday 10th May 2026</b>                                   |
| Where:                               | <b>Morley Farm, Deopham Road, Morley St. Botolph NR18 9DF</b> |
| Time                                 | <b>To be in place by 10:00am</b>                              |
| No of teams per club:                | <b>1</b>                                                      |
| Consisting of:                       | <b>1</b>                                                      |
| Age Range:                           | <b>registered member</b>                                      |
| Eastern Area Eliminator Date:        | <b>N/A</b>                                                    |
| National Final Date:                 | <b>N/A</b>                                                    |
| National Rules Available on Website: | <input type="checkbox"/>                                      |
| <b>Notes</b>                         |                                                               |

Competitor(s) for this competition are:-

**ALL COMPETITORS MUST BE REGISTERED MEMBERS**  
**If you have any queries about this competition, please**  
**call County Office 01603 213 688**

## Exhibit: Artwork of Pet

**Rules:** Draw your pet. Photo of your pet to be included. A4 size. Photos of drawing process to be included.

|                                      |                                                                   |
|--------------------------------------|-------------------------------------------------------------------|
| Event:                               | <b>FARM EVENT</b>                                                 |
| When                                 | <b>Sunday 10th May 2026</b>                                       |
| Where:                               | <b>Morley Farm, Deopham Road, Morley St. Botolph<br/>NR18 9DF</b> |
| Time                                 | <b>To be in place by 10:00am</b>                                  |
| No of teams per club:                | <b>1</b>                                                          |
| Consisting of:                       | <b>1</b>                                                          |
| Age Range:                           | <b>registered member</b>                                          |
| Eastern Area Eliminator Date:        | <b>N/A</b>                                                        |
| National Final Date:                 | <b>N/A</b>                                                        |
| National Rules Available on Website: | <input type="checkbox"/>                                          |
| <b>Notes</b>                         |                                                                   |

Competitor(s) for this competition are:-

**ALL COMPETITORS MUST BE REGISTERED MEMBERS**  
**If you have any queries about this competition, please**  
**call County Office 01603 213 688**

## Exhibit: Best Straw Scarecrow

**Rules:** Straw sculpture of the vice Chair Mel Hawes. Maximum height 1.5m. Photos of process to be included. Photo of vice chair to be sent via email.

|                                      |                                                                   |
|--------------------------------------|-------------------------------------------------------------------|
| Event:                               | <b>FARM EVENT</b>                                                 |
| When                                 | <b>Sunday 10th May 2026</b>                                       |
| Where:                               | <b>Morley Farm, Deopham Road, Morley St. Botolph<br/>NR18 9DF</b> |
| Time                                 | <b>To be in place by 10:00am</b>                                  |
| No of teams per club:                | <b>club</b>                                                       |
| Consisting of:                       | <b>1</b>                                                          |
| Age Range:                           | <b>registered members</b>                                         |
| Eastern Area Eliminator Date:        | <b>N/A</b>                                                        |
| National Final Date:                 | <b>N/A</b>                                                        |
| National Rules Available on Website: | <input type="checkbox"/>                                          |
| <b>Notes</b>                         |                                                                   |

Competitor(s) for this competition are:-

**ALL COMPETITORS MUST BE REGISTERED MEMBERS**  
**If you have any queries about this competition, please**  
**call County Office 01603 213 688**

## Exhibit: Packed Lunch

**Rules:** Member to make a packed lunch. You will be judged on taste and presentation. Please display your recipe and method and photographs of competitor preparing entry.

|                                      |                                                                   |
|--------------------------------------|-------------------------------------------------------------------|
| Event:                               | <b>FARM EVENT</b>                                                 |
| When                                 | <b>Sunday 10th May 2026</b>                                       |
| Where:                               | <b>Morley Farm, Deopham Road, Morley St. Botolph<br/>NR18 9DF</b> |
| Time                                 | <b>To be in place by 10:00am</b>                                  |
| No of teams per club:                | <b>1</b>                                                          |
| Consisting of:                       | <b>1</b>                                                          |
| Age Range:                           | <b>registered member</b>                                          |
| Eastern Area Eliminator Date:        | <b>N/A</b>                                                        |
| National Final Date:                 | <b>N/A</b>                                                        |
| National Rules Available on Website: | <input type="checkbox"/>                                          |

Notes

Competitor(s) for this competition are:-

**ALL COMPETITORS MUST BE REGISTERED MEMBERS**  
**If you have any queries about this competition, please**  
**call County Office 01603 213 688**

## Exhibit: Best carved vegetable

**Rules:** One vegetable to be carved in the shape of a farm animal. Photographs of preparation by member entering to be included on no more than one (1) side of A4 paper.

|                                      |                                                                   |
|--------------------------------------|-------------------------------------------------------------------|
| Event:                               | <b>FARM EVENT</b>                                                 |
| When                                 | <b>Sunday 10th May 2026</b>                                       |
| Where:                               | <b>Morley Farm, Deopham Road, Morley St. Botolph<br/>NR18 9DF</b> |
| Time                                 | <b>To be in place by 10:00am</b>                                  |
| No of teams per club:                | <b>1</b>                                                          |
| Consisting of:                       | <b>1</b>                                                          |
| Age Range:                           | <b>registered member</b>                                          |
| Eastern Area Eliminator Date:        | <b>N/A</b>                                                        |
| National Final Date:                 | <b>N/A</b>                                                        |
| National Rules Available on Website: | <input type="checkbox"/>                                          |
| <b>Notes</b>                         |                                                                   |

Competitor(s) for this competition are:-

**ALL COMPETITORS MUST BE REGISTERED MEMBERS**  
**If you have any queries about this competition, please**  
**call County Office 01603 213 688**

## Exhibit: Spring drink/ mocktail

**Rules:** Member to provide a bottle (minimum 300ml) of homemade spring themed cocktail in a clear bottle (plastic or glass). Photos of process with recipe to be displayed. You will be judged on taste and appearance. Member to provide glass for judge to taste.

|                                      |                                                                   |
|--------------------------------------|-------------------------------------------------------------------|
| Event:                               | <b>FARM EVENT</b>                                                 |
| When                                 | <b>Sunday 10th May 2026</b>                                       |
| Where:                               | <b>Morley Farm, Deopham Road, Morley St. Botolph<br/>NR18 9DF</b> |
| Time                                 | <b>To be in place by 10:00am</b>                                  |
| No of teams per club:                | <b>1</b>                                                          |
| Consisting of:                       | <b>1</b>                                                          |
| Age Range:                           | <b>registered member</b>                                          |
| Eastern Area Eliminator Date:        | <b>N/A</b>                                                        |
| National Final Date:                 | <b>N/A</b>                                                        |
| National Rules Available on Website: | <input type="checkbox"/>                                          |

Notes

Competitor(s) for this competition are:-

**ALL COMPETITORS MUST BE REGISTERED MEMBERS**  
**If you have any queries about this competition, please**  
**call County Office 01603 213 688**

**Exhibit: Milking stool**

Rules: member to make a milking stool. Measurement size 40cm x 40cm. Photos to be included of process.

|                                      |                                                                   |
|--------------------------------------|-------------------------------------------------------------------|
| Event:                               | <b>FARM EVENT</b>                                                 |
| When                                 | <b>Sunday 10th May 2026</b>                                       |
| Where:                               | <b>Morley Farm, Deopham Road, Morley St. Botolph<br/>NR18 9DF</b> |
| Time                                 | <b>To be in place by 10:00am</b>                                  |
| No of teams per club:                | <b>1</b>                                                          |
| Consisting of:                       | <b>1</b>                                                          |
| Age Range:                           | <b>registered member</b>                                          |
| Eastern Area Eliminator Date:        | <b>N/A</b>                                                        |
| National Final Date:                 | <b>N/A</b>                                                        |
| National Rules Available on Website: | <input type="checkbox"/>                                          |
| Notes                                |                                                                   |

Competitor(s) for this competition are:-

**ALL COMPETITORS MUST BE REGISTERED MEMBERS**  
**If you have any queries about this competition, please**  
**call County Office 01603 213 688**

## CS Junior Tug of War mixed Team

**Rules:** team shall consist of 7-10 pulling members male or female. Must be aged between 12-17years old as of 1st September 2025. weigh 560kg. Suitable clothing should be worn - club shirts, shorts and approved footwear. Following ASSOCIATION RULES in a round robin tournament or league dependent on entries.

The top four placed teams will qualify for the rally.

|                                      |                                                                   |
|--------------------------------------|-------------------------------------------------------------------|
| Event:                               | <b>FARM EVENT</b>                                                 |
| When                                 | <b>Sunday 10th May 2026</b>                                       |
| Where:                               | <b>Morley Farm, Deopham Road, Morley St. Botolph<br/>NR18 9DF</b> |
| Time                                 | <b>TBC</b>                                                        |
| No of teams per club:                | <b>1</b>                                                          |
| Consisting of:                       | <b>10</b>                                                         |
| Age Range:                           | <b>registered member</b>                                          |
| Eastern Area Eliminator Date:        | <b>13th June</b>                                                  |
| National Final Date:                 | <b>1st August</b>                                                 |
| National Rules Available on Website: | <input checked="" type="checkbox"/>                               |
| Notes                                |                                                                   |

Competitor(s) for this competition are:-

**ALL COMPETITORS MUST BE REGISTERED MEMBERS**  
**If you have any queries about this competition, please**  
**call County Office 01603 213 688**

## Dairy Stock Judging CS

**Rules:** Demo by the judge from 10.00.  
 Competitors will be allowed 15 minutes to judge 4 items,  
 2 minutes will be allowed for giving reasons to the judge.  
 White coats must be worn.  
 Suitable footwear to be worn.

|                                      |                                       |
|--------------------------------------|---------------------------------------|
| Event:                               | <b>STOCKMAN OF THE YEAR</b>           |
| When                                 | <b>Sunday 26th April 2026</b>         |
| Where:                               | <b>Grange Farm, Shipdham IP25 7NQ</b> |
| Time                                 | <b>TBC</b>                            |
| No of teams per club:                | <b>4</b>                              |
| Consisting of:                       | <b>individual members</b>             |
| Age Range:                           | <b>registered member</b>              |
| Eastern Area Eliminator Date:        | <b>13th June</b>                      |
| National Final Date:                 | <b>Great Yorkshire Show 17th July</b> |
| National Rules Available on Website: | <input checked="" type="checkbox"/>   |
| Notes                                |                                       |

Competitor(s) for this competition are:-

**ALL COMPETITORS MUST BE REGISTERED MEMBERS**  
 If you have any queries about this competition, please  
 call County Office 01603 213 688

## Beef Stock judging CS

**Rules:** Demo by the judge from 10.00.  
 Competitors will be allowed 15 minutes to judge 4 items,  
 2 minutes will be allowed for giving reasons to the judge.  
 White coats must be worn.  
 Suitable footwear to be worn.

|                                      |                                       |
|--------------------------------------|---------------------------------------|
| Event:                               | <b>STOCKMAN OF THE YEAR</b>           |
| When                                 | <b>Sunday 26th April 2026</b>         |
| Where:                               | <b>Grange Farm, Shipdham IP25 7NQ</b> |
| Time                                 | <b>TBC</b>                            |
| No of teams per club:                | <b>4</b>                              |
| Consisting of:                       | <b>individual members</b>             |
| Age Range:                           | <b>registered member</b>              |
| Eastern Area Eliminator Date:        |                                       |
| National Final Date:                 |                                       |
| National Rules Available on Website: | <input type="checkbox"/>              |
| Notes                                |                                       |

Competitor(s) for this competition are:-

**ALL COMPETITORS MUST BE REGISTERED MEMBERS**  
 If you have any queries about this competition, please  
 call County Office 01603 213 688

**Breeding Ewes or Lamb stock judging CS**

**Rules:** Demo by the judge from 10.00.  
Competitors will be allowed 15 minutes to judge 4 items,  
2 minutes will be allowed for giving reasons to the judge.  
White coats must be worn.  
Suitable footwear to be worn.

---

Event: **STOCKMAN OF THE YEAR**

When **Sunday 26th April 2026**

Where: **Grange Farm, Shipdham IP25 7NQ**

Time **TBC**

No of teams per club: **4**

Consisting of: **individual members**

Age Range: **registered member**

Eastern Area Eliminator Date:

National Final Date:

National Rules Available on Website:

Notes

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Competitor(s) for this competition are:-

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**ALL COMPETITORS MUST BE REGISTERED MEMBERS**  
**If you have any queries about this competition, please**  
**call County Office 01603 213 688**

## RNS Stock Judging

**Rules:** Competitors are encouraged to judge all four classes.  
 Members are entered into either Junior or Senior Stockman of the Year if all 4 stock are judged.  
 Competitors will be allowed 10 minutes to judge a ring of 4 animals.  
 2 minutes will be allowed for giving reasons to the judge.  
 White coats must be worn.  
 A free entry ticket to the Norfolk Show for the day of judging will be given to each competitor.

|                                      |                                         |
|--------------------------------------|-----------------------------------------|
| Event:                               | <b>ROYAL NORFOLK SHOW STOCK JUDGING</b> |
| When                                 | <b>Thursday 25th June 2026</b>          |
| Where:                               | <b>Royal Norfolk Showground NR5 0TT</b> |
| Time                                 | <b>TBC</b>                              |
| No of teams per club:                | <b>unlimited</b>                        |
| Consisting of:                       | <b>individual</b>                       |
| Age Range:                           | <b>registered member</b>                |
| Eastern Area Eliminator Date:        |                                         |
| National Final Date:                 |                                         |
| National Rules Available on Website: | <input type="checkbox"/>                |
| Notes                                |                                         |

Competitor(s) for this competition are:-

**ALL COMPETITORS MUST BE REGISTERED MEMBERS**  
 If you have any queries about this competition, please  
 call County Office 01603 213 688



## NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS

### Competitions Programme 2025-2026

#### NFYFC Young Stockjudge of the Year

18 & under

#### R U L E S

##### Competition Aim

To provide YFC members with the opportunity to put their training to the test by judging high quality livestock and presenting their findings to industry experts. Members are then provided with constructive feedback and advice from the industry experts for their future development.

##### Learning outcomes

Judging skills including: observation, understanding of the make-up of the animal and market demands. Communication, presentation and time keeping skills.

REMINDER: Please read these rules in conjunction with **NFYFC General Rules** and familiarise all competitors with the **Fine System in place for withdrawal from competitions.**

Further information can be found at <https://nfyfc.org.uk/competition-organisers-resources>  
along with the **AHDB Guide to Stockjudging and Video.**

#### 1. DATE & VENUE

- 1.1. After Area Finals, the National Final will be held at NFYFC Stockjudging Weekend Venue TBC **Sunday 30<sup>th</sup> August 2026.**
- 1.2. The Meat Identification Questionnaire will be completed online (via Zoom) on **Thursday 27<sup>th</sup> August 2026.**

#### 2. REPRESENTATION

- 2.1. Counties may enter up to **eight** competitors in the Area Eliminators per 600 members or part thereof.
- 2.2. Areas will be represented by **two** competitors per 3,000 members or part thereof in the Competition Final. (Northern Area 4, Eastern Area 2 and East Midlands 2, West Midlands Area 2, South West Area 4, South East Area 2 and Wales 4)

#### 3. ELIGIBILITY

- 3.1. The Competitor must be 18 years of age or under on 1<sup>st</sup> September 2025 and full members of a Club affiliated to the NFYFC.

#### 4. SUBSTITUTION

- 4.1. If the competitor through to the National Final has to withdraw from the competition, then the next highest placed competitor from the Area Round will be invited, by the Area Committee, to represent the Area. NFYFC must be notified at the earliest opportunity of the substitution.
- 4.2. **All substitutes must have been eligible to compete in the County Final.**

#### 5. PROCEDURE

**NOTE: All competitors and competition organisers to note on-farm/action market bio-security controls and advise participants and stewards ahead of the event. For example suitable footwear for footbaths.**

##### 5.1. AREA EVENT

- 5.1.1. Competitors will be required to judge four rings of stock (4 Dairy Cows, 4 Butchers Cattle, 4 Commercial Breeding Ewes, and 4 Butchers Pigs) and each member will give reasons on all four rings of stock.
  - 5.1.1.1. If pigs are unavailable for use they will be substituted by 4 Butchers Lambs.
- 5.1.2. Animals in each ring will be designated A, B, X, Y.
- 5.1.3. Competitors will be required to complete a simple multi-choice Animal Health and Husbandry Questionnaire.

##### 5.2. FINAL EVENT

- 5.2.1. Competitors will be required to:

- 5.2.1.1. Place and give reasons on four beef animals judged as butchers animals
- 5.2.1.2. Place and give reasons on four breeding ewes judged for breeding potential
- 5.2.1.3. Place and give reasons on four butchers pigs judged for slaughter (should access to pigs be limited then it may be necessary to substitute with butchers lambs)
- 5.2.1.4. Place and give reasons on four dairy animals as productive animals
- 5.2.2. Animals in each ring will be designated A, B, X, Y.
- 5.2.3. Competitors will be required to complete a simple multi-choice Animal Health and Husbandry Questionnaire.
- 5.2.4. Competitors will be required to identify cuts of meat.

6. **TIMING – AREA ROUNDS AND FINAL**

- 6.1. Competitors will be allowed 10 minutes to judge each ring of stock and at least 5 minutes for preparing reasons.
- 6.2. Competitors will be allowed up to 2 minutes for stating their reasons on each ring of stock to the Judge. Competitors exceeding this time limit will incur penalties at the rate of 2 marks for each 15 seconds or part thereof. The marks to be deducted from their total score.
- 6.3. Competitors will be allowed a maximum of 30 minutes to complete both the Animal Health and Husbandry questionnaire and meat identification task.

7. **SCALE OF MARKS**

**AREA ROUNDS**

|                                   |                             |            |
|-----------------------------------|-----------------------------|------------|
| Stockjudging:                     | Placing on 4 rings (4 x 50) | 200        |
|                                   | Reasons on 4 rings (4 x 50) | 200        |
| Questionnaire                     |                             | 100        |
| <b>Total marks per competitor</b> |                             | <b>500</b> |

**NATIONAL FINAL**

|                                   |                             |            |
|-----------------------------------|-----------------------------|------------|
| Stockjudging:                     | Placing on 4 rings (4 x 50) | 200        |
|                                   | Reasons on 4 rings (4 x 50) | 200        |
| Questionnaire                     |                             | 100        |
| Identify cuts of meat             |                             | 100        |
| <b>Total marks per competitor</b> |                             | <b>600</b> |

8. **AWARDS**

- 8.1. Area Event: Areas to organise their own awards if they wish
- 8.2. Final:
  - 8.2.1. HSBC Challenge Trophy and NFYFC Prize Card to the winner.
  - 8.2.2. NFYFC Prize Cards to competitors placed 2nd and 3rd
  - 8.2.3. NFYFC Certificate of Achievement will be awarded to all competitors
  - 8.2.4. At the National Final a special award will be given to those receiving the most marks in the Meat and Questionnaire element of the competition.

9. **NOTES**

- 9.1. NFYFC will provide all judging cards for the Area Rounds and Final.
- 9.2. During the competition, competitors may not have with them any papers or literature other than the placing cards and the questionnaire provided.
- 9.3. When stating reasons, competitors may use only the NOTES SECTION on the official cards provided. These notes are intended for reference only and the competitors who read their notes verbatim to the Judges will be penalised.
- 9.4. During the period of the competition, competitors must not communicate directly or indirectly with any person other than Judges and Stewards under penalty of disqualification.
- 9.5. Mobile phones are not to be used once the competition has started – if found to be using them this will be an automatic disqualification.
- 9.6. Competitors must provide themselves with white coats, which must be worn during the period of the competition and at the Presentation of Awards. Club, County and Sponsor logos are permitted on either the front or the back of the coats.



## NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS

Competitions Programme 2025-2026

### NFYFC Tug of War Championships

### (Ladies, Men's and Junior GENSB Competitions)

Following the Tug of War Association Competition Rules, 2011; incorporating TWIF Rules



# TENBURY COUNTRYSIDE SHOW

#### RULES

##### COMPETITION AIM

To encourage YFC members to work together as a team to demonstrate their Tug-of-War skills in a competition environment.

##### LEARNING OUTCOMES

Tug-of-War skills: strength, rhythm, pulling position and technique; teamwork, respect, discipline, enjoyment, sportsmanship as well as providing health and wellbeing benefits.

REMINDER: Please read these rules in conjunction with **NFYFC General Rules** and familiarise all competitors with the **Fine System in place for withdrawal from competitions.**

Further information can be found at <https://nfyfc.org.uk/competition-organisers-resources>

For insurance purposes all rounds of competition must be held using a Tug of War Association (ToWA) judge and under the authority of a Tug of War Association permit (available from the Hon. Gen. Sec. of the ToWA). Further guidance can be obtained from the official Tug of War Association Handbook or ToWA website.

These rules are for the NFYFC final but may be adapted for county and area rounds with agreement from the chief judge. Counties and areas may wish to pull in a straight knockout competition or pull according to the pre 2011 ToWA rules.

#### 1. DATE & VENUE

1.1. After the area finals, the final will be held at Tenbury Show on Saturday 1<sup>st</sup> August 2026.

#### 2. REPRESENTATION

2.1. Counties may enter one team entry per 600 members or part thereof in Area Finals.

2.2. Areas will be represented by one County team per 3,000 members or part thereof in the Competition Final. (Northern Area 2, Eastern Area 1, East Midlands 1, West Midlands Area 1, South West Area 2, South East Area 1 and Wales 2)

#### 3. SUBSTITUTION PRIOR TO THE COMPETITION

3.1 **All substitutes must have been eligible to compete in the County Final.**

#### 4. ELIGIBILITY

4.1. **Ladies and Men's teams** shall consist of eight pulling members of the same gender. No more than **two (2)** members of a team may be between the ages of 15 and over, and under 17 years on 1 September 2025 and the remainder of the team **MUST** be between 17 years and over, and 28 years of age or under on 1 September 2025.

- 4.2. **A Junior GENSB team** shall consist of between 7 and 10 pulling members, male or female, who must be between 12 years & 17 years of age and under on 1<sup>st</sup> September 2025. **This means competitors MUST have attained their 12<sup>th</sup> birthday on 1<sup>st</sup> September 2025 and may be 18 on the day of the competition.**

For Junior Competitions including GENSB at County Rallies Only (the 1<sup>st</sup> round of the Competition) competitors are eligible to wear TOW Boots, dealer boots or wellies, as long as they are safe and not studded. It felt unfair that junior members should have to pay for boots if they are just starting out in the competition. This rule has been agreed with ToWA. Regarding Steel Toe Caps these should not be worn. If teams are competing at Area Competitions, then proper TOW boots need to be worn. The above applies to Junior Competitions only.

- 4.3. All competitors must be full members of a Club affiliated to the NFYFC (**You cannot compete for more than one club and county in one membership year**). Competitors at the National Final must both present their YFC membership card and also, if over 18, have additional official photographic ID (Passport or Driving Licence).
- 4.4. **Coaches and Trainers** – Only one Coach is permitted with each team during pulling. Only one Trainer or “Water-Carrier” is permitted with each team. During pulling the Trainer shall take up position well clear of both teams and is not permitted to address any remark to them during actual pulling. Neither the Coach nor Trainer need comply with other rules of eligibility.
- 4.5. **On the day of the NFYFC Final members are only allowed to pull and compete in one age or gender category.**

## 5. REPLACEMENT PULLERS

- 5.1. **All replacements must have been eligible to compete in the County Final.**

## 6. WEIGHING-IN PROCEDURE AND WEIGHT LIMITS

- 6.1. Teams will be notified of Weighing-in and report times prior to the NFYFC final.
- 6.2. The 8 members of the Ladies or Men’s teams will be weighed as one and will not exceed:  
**Men - 680 kg                      Ladies - 560 kg**
- 6.3. The members of the Junior GENSB team will be weighed as one with the initial weight limit of:  
**Junior GENSB - 560kg**  
**An additional 10kg will be added to the weight allowance for each female in the team up to a maximum of 600kg**
- 6.4. The competitors will be stamped or marked on a limb in a position easily seen by the Judge, but not easily erased by the rope or competitors clothing.
- 6.5. **At weigh-in all team members must have their boots available for inspection by the judges.**

## 7. SUBSTITUTION ON THE DAY OF THE COMPETITION

- 7.1. After a team has pulled the first end of the first match, the team is able to use a substitution. A substitute may replace any one puller for the remainder of the competition (Age restriction of team still applies). Substitution may be used for tactical reasons or due to injury.
- 7.2. Any potential substitutes must (unless otherwise instructed by competition organisers) have been signed in and had their membership card checked prior to pulling in the competition.
- 7.3. At the time of substitution; both, the puller to be replaced and the substitute, must report in full pulling outfit, (shirts, shorts, stockings and footwear) to the Chief Judge/Chief Steward who may designate an official to deal with the substitutes. A small (bathroom type) scale must be available at the pulling area, (in a suitable place, on solid surface), to determine the weight difference between the two pullers. The substitute puller must be of equal weight or less than the puller he/she replaces. Directly after the change, the Chief Judge or designated official shall cancel the stamp or marking of the replaced puller, and indicate a similar marking on the substitute, with an indelible marker. This change shall then be recorded.

**N.B For GENSB teams; Once weighed in, the team weight allowance cannot be improved upon through substitution i.e. increasing the number of females on the team. Any weight bonus must be removed accordingly if the number of females has decreased below the original bonus threshold of the team.**

**Eg. Team = 5 males & 4 females = 600kg (560kg + 40kg bonus). A female puller of 70kg is substituted for a male. The male must weigh 60kg or less (Both in full pulling gear) because the resultant bonus has decreased.**

## 8. DRAW AND BYES

8.1. The Chief Judge and Chief Steward will confirm the number of leagues teams shall be drawn into. However there shall be no more than 7 teams in one league.

9. **PULLING**

9.1. Each team shall pull a match of 2 ends against every other team in the league with points awarded as follows:

|            |                                                        |
|------------|--------------------------------------------------------|
| 3 points   | to the winners in a straight pull (two straight pulls) |
| Nil points | to the losers in a straight pull                       |
| 1 point    | to each team winning 1 pull each                       |

*Note: If teams are drawing on points at the end of the league; they shall be ranked using the following system until differentiation:*

- 1. Results of matches (between the teams drawing on points).**
- 2. Matches won (most matches won).**
- 3. Cautions (least number throughout pulling).**
- 4. Team weight (lowest team weight at weigh in).**
- 5. Coin toss or draw.**

9.2. If there is one league; the top 4 teams on points shall enter the semi-final competition as follows: 1<sup>st</sup> v 4<sup>th</sup>; 2<sup>nd</sup> v 3<sup>rd</sup>

9.3. If there are two leagues; the top 2 teams on points from each league shall enter the semi-final competition as follows: League one winner v League two runner up League two winner v League one runner up

9.4. The losers of the semi-finals shall pull off for 3<sup>rd</sup> and 4<sup>th</sup> places before the winners of the semi-finals pull off for 1<sup>st</sup> and 2<sup>nd</sup> places.

9.5. **The semi-finals, 3<sup>rd</sup>/4<sup>th</sup> pull off and the final matches shall be won by two (2) pulls out of three (3).**

11 **AWARDS**

11.1 **Perpetual Shields** and Prize Cards to the winning teams.

11.2 **Prize Cards** to teams placed 2<sup>nd</sup> to 4<sup>th</sup>

NFYFC Certificates will be awarded to all members of teams competing in the NFYFC finals.



**Fun, Learning and  
Achievement**

## **NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS**

### **"How to" Guide – Tug of War – 2024 - 2025**

#### **LADIES TEAM REQUIREMENTS**

Team of 8 with a combined maximum weight of 560kg

At least 6 members aged between 17 and 28 on 1st September with no more than 2 members aged between 15 and 17 on 1st September

#### **MENS TEAM REQUIREMENTS**

Team of 8 with a combined maximum weight of 680kg

At least 6 members aged between 17 and 28 on 1st September with no more than 2 members aged between 15 and 17 on 1st September

#### **JUNIOR TEAM REQUIREMENTS**

A team of between 7 and 10 pulling members male or female with a combined weight of 560kg. This may increase to a maximum of 600kg with the addition of each female gaining a bonus of 10kg.

All members aged between 12 and 17 on 1st September.

There is no limit on the number of males or number of females in the team (may be all male, all female or any combination of male and female).

Each team may have 1 coach during pulling

#### **HOW TO WIN POINTS**

**WINNING A PULL - A 'Pull' shall be won when one of the side markings on the rope is pulled over the centre line.**

**FINISH A PULL - The finish of a pull shall be signalled by the Judge blowing a whistle and pointing in the direction of the team winning the Pull.**

**Each team shall pull a match of 2 ends against every other team in the league with points awarded as follows:**

|            |                                                        |
|------------|--------------------------------------------------------|
| 3 points   | to the winners in a straight pull (two straight pulls) |
| Nil points | to the losers in a straight pull                       |
| 1 point    | to each team winning 1 pull each                       |

Note: If teams are drawing on points at the end of the league; they shall be ranked using the following system until differentiation:

- 1. Results of matches (between the teams drawing on points).**

2. **Matches won (most matches won).**
3. **Cautions (least number throughout pulling).**
4. **Team weight (lowest team weight at weigh in).**
5. **Coin toss or draw.**

**Semi-finals and final matches shall be won by two (2) pulls out of three (3).**

**SUBSTITUTION** – A substitute may replace any one puller for the duration of the competition (Age restriction of team still applies). After the substitution has taken place, no other such changes may occur. Substitution may be used for tactical reasons or due to injury. The substitute puller must be of equal weight or less than the puller he/she replaces.

**DRESS** - All competitors must be suitably dressed, in the same team colours.

**BELTS** - Clothing or elasticated belts, with a Velcro fastening, used to protect the skin may be worn under the sport clothing subject to the Judge's approval. No construction may be attached to clothing or belt. If a protective rigid belt is worn, the lumbar support should be in the correct position with the centre of the lumbar support in the centre of the back and the buckle at the front. When worn, either inside or outside of the sport clothing, the belt should not be moved from its original position, if the belt is seen to be worn incorrectly (loose enabling movement), this will be classed as an infringement (locking). This may result in a caution. It is the puller's responsibility to ensure that the belt is worn correctly for this not to occur. Under no circumstances will the rope be permitted to run BETWEEN the protective clothing or belt and the pullers' body. Any protective clothing and/or belt should be made available for inspection by a Judge at any time during a tournament.

**BOOTS AND SHOES** – Competitors' boots must not be "faked" in any way, i.e. THE SOLE HEEL AND SIDE OF THE HEEL SHALL BE PERFECTLY FLUSH – THIS MEANS THE SOLES MUST BE SMOOTH. No metal toecaps or metal toe-plates are permitted. Metal heel tips that are flush on the side and the bottom of the heel are permitted. **Refer to Tug of war boot rules and construction guide 2017-18**

**ROPE** - The rope shall not be less than 4" and not more than 5" in circumference (10cm minimum, 12½cm maximum) without knots or other holding for the hands and the minimum length not less than 35 metres.

**ROPE MARKINGS** - Five tapes or markings shall be affixed to the rope as follows:

A red tape or marking at the centre of the rope which will be level with the ground mark at the start of every pull.

Two white tapes or markings each 4 metres either side of the red centre tape or marking.

Two blue tapes or markings each 5 metres either side of the red centre tape or marking.

The first puller in each team shall grip the rope within 30 cm of these outer blue tapes or markings.

The white and two outer coloured markings shall be capable of easy adjustment by the Judge in the event of the rope shrinking or stretching.

**GROUND MARKINGS** - One line shall be marked on the ground at right angles to where the centre of the rope will be at the start of the competitions.

**KNOTS OR LOOPS** - No knots or loops may be made in the rope nor may it be locked across any part of the body by any member of a team. Crossing the rope over itself constitutes a loop.

**LOCKS** - From the start the rope shall be taut. Every pulling member shall hold the rope with both hands by the ordinary grip and the rope shall pass under the armpit. Any other hold, which prevents the free movement of the rope, is a lock and is an infringement of the Rules.

**ANCHOR-MAN'S GRIP** - Upon taking up position the anchorman will place the rope around his/her body in the approved manner. I.e. The rope will pass under one armpit, diagonally across the back and over the opposite shoulder from rear to front. The remaining rope shall pass in a backward and outward direction and the slack shall run free. He/she shall grip the standing part of the rope with both arms extended forward.

**THE START** - When the Judge has received the sign from the two coaches that all is ready, he or she shall give the teams the following verbal and visual commands:

'Pick up the Rope' - at the same time extending the arms forward and horizontally. No indents of any kind shall be made in the ground in any way before the command: "Take the strain". The pullers' feet shall be flat on the ground and the rope held with both hands by the ordinary grip.

'Take the Strain' - at the same time raising both hands above the head. Sufficient strain shall be put on the rope to ensure that it is taut and each puller may establish one foothold with the heel or side of the boot of the extended foot. When the rope is steady with the centre mark over the ground line. **THE JUDGE MUST MAKE IT QUITE CLEAR BY EXPOSING THE PALMS OF HIS OR HER HANDS WITH THE ADDED WORD "STEADY" THAT HE OR SHE IS ABOUT TO SIGNAL THE START, THEN, AFTER A SLIGHT PAUSE THE WORD "PULL"** at the same time flinging both hands downwards.

#### **INFRINGEMENT DURING CONTESTS**

Should it be necessary to caution a team for any infringement of the Rules, the Judge shall, in addition to naming the team and calling 'first caution' or 'final caution' also signal such caution by raising his arm to the horizontal position and pointing in the direction of the offenders. Only two official cautions shall be given during any one pull. Any team guilty of any offence meriting a caution after already having received two official cautions in any one pull will be disqualified.

**Sitting** - deliberately sitting on the ground, or failure to return immediately to the pulling position.

**Leaning** - touching the ground with any part of the body other than the feet.

**Locking the Rope** - no knots or loops shall be made in the rope, nor shall it be locked across any part of the body or any member of the team. Crossing the rope over itself constitutes a loop.

**Grip** - any grip other than the ordinary grip as described above.

**Propping** - holding the rope in a position where it does not pass between the body and the upper part of the arm.

**Position** - sitting on a foot or limb or the feet not extended forward of the knee.

**Climbing the rope** - passing the rope through the hands

**Rowing** - repeatedly sitting on the ground whilst the feet are moved backwards.

**Anchor Man's Grip** - any grip other than described in above.

**Footholds** - making indents in the ground in any way before the command "Take the Strain" is given. Thus cleaning the ground by foot or hand is prohibited.

**BEHAVIOUR** - There shall be no conduct by word or act likely to bring the sport into disrepute



**Fun, Learning and  
Achievement**

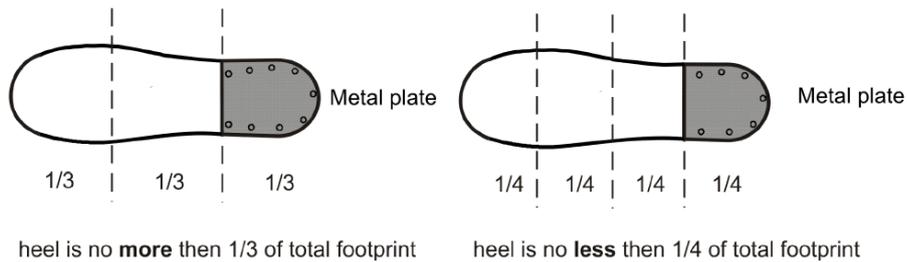
## Tug of War Boots Guidelines

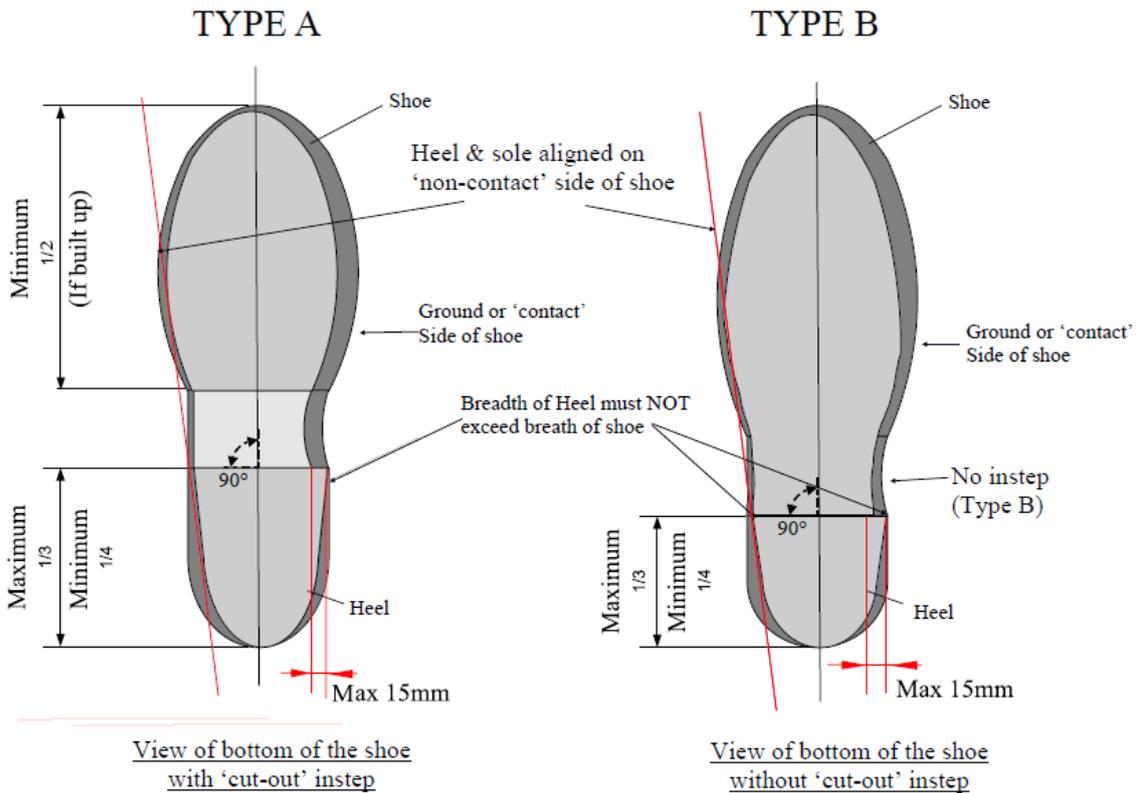
### TWIF outdoor boot specifications

**Heel:** The heel shall be flush with the sole of the shoe – vertically down from the sole as seen from the back and side of the shoe. The front of the heel facing forward shall also be straight across, perpendicular to the sole and vertically down from the sole of the shoe.

The side of the heel impacting with the ground – the “cutting edge” – can have a tapered edge towards the front of the heel with a maximum protrusion of 15mm to the outside of the heel as measured from the vertical line from the sole. The other side of the heel must be completely flush with the sole and may not have any protruding feature. **The breadth of the heel must not exceed the breadth of the shoe.**

The maximum height of the heel, including a metal plate with a maximum thickness of 6.5mm, may not be more than 35mm from the bottom of the shoe. The 35mm includes the thickness of the sole. The length of the heel may not be less than one quarter or more than one third of the length of the shoe. See illustration below.

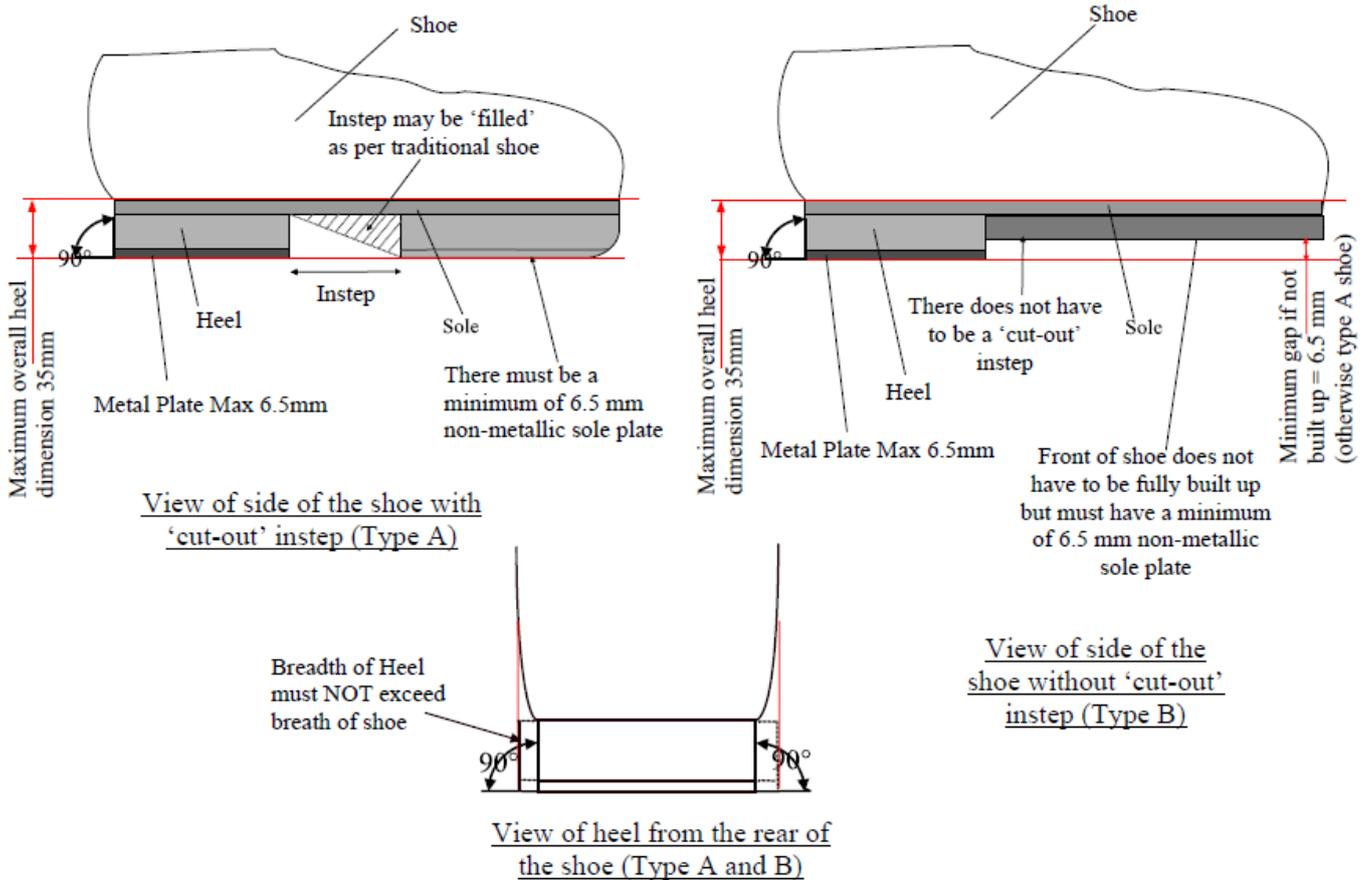




**Sole Structure**

The sole "structure" (which includes the structure of the heel) may be metal but the sole plate must not be metallic, the minimum thickness of the non-metallic plate is 6.5mm. See illustration below.

**Front part of the shoe:** can be built up or left as it is. If not built up, the sole can be higher than the heel when viewed on a flat surface. In this configuration, the sole must be a minimum of 6.5mm higher than the heel. If built up, the front part of the shoe may not be less than half the total length of the shoe. The maximum height, including the sole may not be



more than 35mm. The “sole plate” must not be metallic and be a minimum of 6.5mm. See illustration below.

Readymade boots can be bought from a starting price of around £80 to £150 depending on build spec. Otherwise they can be made at home with relatively little equipment. 2 examples of inexpensive tug of war boots are given below

### **1. Leather boots**

Purchase a pair of army boots from an army surplus store. Grade 2 boots can be as little as £15. If you have the choice select boots with hard rubber soles rather than soft rubber.

Grind all the grips off the bottom of the boots (safely in a ventilated area using a vice and suitable personal protective equipment).

Get a steel plate no more than 6.5mm thick (take care that the overall heel depth (plate plus heel) will come to no more than 35mm). Draw around the heel on the plate and cut the heel plate out. Smooth the edges off.

Screw and fix the plates to the heel by 4 bolts threaded down from the inside of the boot into the steel plates.

- Take the boot insole out. Drill the holes the correct size for the thread down through the heel and mark the steel plate before drilling the 4 holes through the plate. Tap the thread in the plates so the bolts can screw down through the heel and through the plate. Grind the end of the bolts off so it is flush with the bottom of the plate.
- It is advisable to use washers on the inside of the heel to prevent the bolts being pulled through the heel. Also the use of a strong adhesive will assist a good bond.

Replace the insole.

### **2. Roller Blade Boots**

Purchase a pair of roller blades, not too expensive, but comfortable (there are plenty second hand from online auction sites). Ideally the boots should have one clip at the top and laces down the boot. Make sure also that the wheel carriage is riveted on to the base of the boot and not moulded on.

Unscrew the rollerblade fixings from the sole of the boot or carefully drill them out.

Make a template of the sole of the boot.

Use this template to mark a piece of 8 to 10mm thick black hard Nylon/Teflon/Trespa or similar hard product and cut out with a suitable tool.

Screw this cut-out to the sole of the rollerblade boot. Screws should be fixed from inside the boot downwards into the nylon, and upward through the nylon into the sole, being careful with screw length so not to penetrate the inside of the boot - remember to remove any insoles before fixing.

To create a heel, use 10mm Nylon/Teflon/Trespa or similar hard material. Make a template of the heel section, about 90mm long from the back of the boot.

Cut the nylon heel piece to size and screw to the new nylon sole of the boot.

Using the same heel template, mark and cut a piece of steel with a maximum thickness of 6.5 mm.

Screw onto the heel of the boot.



**National Federation of Young Farmers' Clubs (England and Wales)**  
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**NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS**  
**Competitions Programme 2025 - 2026**  
**NFYFC Dairy Stockjudging**  
16 & under  
**R U L E S**

**Competition Aim**

To provide members with the opportunity to put their training to the test by judging high quality live stock and presenting their findings to industry experts. Members provided with constructive feedback and advice from the industry experts for their future development.

**Learning outcomes**

Judging skills including: observation, understanding of the make-up of the animal and market demands.  
Communication skills, presentation and time keeping skills.

REMINDER: Please read these rules in conjunction with **NFYFC General Rules** and familiarise all competitors with the **Fine System in place for withdrawal from competitions.**

Further information can be found at <https://nfyfc.org.uk/competition-organisers-resources>

**along with the AHDB Guide to Stockjudging and Video.**

**1. DATE & VENUE**

- 1.1. After the County Final, the National Final will be held, at the Great Yorkshire Show the exact date would be confirmed nearer the time and subject to confirmation by GYAS. **Date Friday 17<sup>th</sup> July 2026.**

**2. REPRESENTATION**

- 2.1. Counties may enter one competitor per 600 members or part thereof.

**3. ELIGIBILITY**

- 3.1. The Competitor must be 16 years of age or under on 1<sup>st</sup> September 2025 and full members of a Club affiliated to the NFYFC.

**4. PROCEDURE**

- 4.1. The competitor will be required to judge and place one ring of four dairy cattle.  
4.2. The competitor will be required to judge, place and give **POSITIVE** reasons on a second ring of four dairy cattle (breeds to be advised).  
4.3. Cattle will be judged primarily as dairy animals, having due regard to the type recognised by the respective Breed Societies.  
4.4. The cattle will be designated A, B, X, Y and the two rings will operate simultaneously.

**5. TIMING**

- 5.1. Ten minutes will be allowed for stock inspection with a further five minutes for preparing reasons.  
5.2. Following the placing cards being marked, competitors will be called at random to state their reasons to the Judge. The competitor will be allowed up to two minutes to state his/her reasons.  
5.3. Competitors who exceed the time limit will incur penalties at a rate of two marks for each fifteen seconds or part thereof.

**6. SCALE OF MARKS**

|                      |                                              |            |
|----------------------|----------------------------------------------|------------|
| PLACING:             | On 2 rings (2 x 50)                          | <b>100</b> |
| REASONS:             | Accuracy of observations                     | 25         |
|                      | Comparison                                   | 15         |
|                      | Style (including presentation of competitor) | 10         |
| TOTAL PER COMPETITOR |                                              | <b>150</b> |

## 7. AWARDS

- 7.1. **The Farmers' Weekly Trophy** NFYFC Prize Card to the winner
- 7.2. Prize Cards and will be given to competitors placed 2<sup>nd</sup> and 3<sup>rd</sup>
- 7.3. NFYFC Certificate of Achievement will be awarded to all competitors.
- 7.4. The highest scoring county team to receive The Farmer and Stockbreeder Trophy and NFYFC Awards. The second and third placed teams will also receive NFYFC Awards.

## 8. NOTES

- 8.1. During the competition, competitors may not have with them any papers or literature other than the placing cards provided.
- 8.2. When stating reasons, competitors may use only the NOTES SECTION on the official cards provided. These notes are intended for reference only and the competitors who read their notes verbatim to the Judges will be penalised.
- 8.3. Mobile phones are not to be used once the competition has started – if found to be using them this will be an automatic disqualification.
- 8.4. During the period of the competition, competitors must not communicate directly or indirectly with any person other than Judges and Stewards under penalty of disqualification.
- 8.5. Competitors must provide themselves with white coats, which must be worn during the period of the competition and at the Presentation of Awards. Club, County and Sponsor logos are permitted on either the front or back of the coats.